

MAJOR IN NUTRITION AND FOOD SCIENCE, PRE-HEALTH NUTRITION CONCENTRATION

The Pre-Health Nutrition concentration provides a strong background in natural and biomedical sciences and nutrition, making it an appropriate preparation for graduate study, medical school, or a career in nutritional research, biomedical research, or college teaching. This concentration is an excellent pre-health professions curriculum.

By addition of several elective courses, students can meet the Accreditation Council for Education in Nutrition and Dietetics (ACEND) (<https://www.eatrightpro.org/acend/>) didactic course requirements if they meet requirements for FSHN 392.

Please note: To become a registered dietitian, one must: 1) complete the required coursework and obtain the B.S. degree in Nutrition and Food Science (and the additional elective required by ACEND); 2) complete an 8-12 month accredited dietetic internship AFTER finishing the B.S. degree; and 3) earn a master's degree (*effective January 2024*). Internships are facilitated separately from obtaining the B.S. degree, and all internships require a vigorous application process. Earning the B.S. degree in Nutrition and Food Science at CSU is one step toward becoming a registered dietitian, but it is insufficient without then completing the internship and earning a master's degree. After completion of an internship and master's degree, one is then eligible to take the registration exam, the final step toward becoming a registered dietitian. The registered dietitian credential is awarded after successfully passing the registration exam and is facilitated by the Commission on Dietetic Registration (CDR) of the Academy of Nutrition and Dietetics (AND).

Learn more about the Pre-Health Nutrition Concentration on the Department of Food Science and Human Nutrition website. (<https://www.chhs.colostate.edu/fshn/programs-and-degrees/b-s-in-nutrition-and-food-science/nutritional-sciences-concentration/>)