

# MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, LEADERSHIP AND ENTREPRENEURIAL PROFESSIONS CONCENTRATION

Human Development and Family Studies is an open-entry major for freshmen. For sophomores and above, students must complete and/or be enrolled in HDFS 101, PSY 100 or SOC 100 in order to declare HDFS. HDFS subject code courses must be completed with a grade of C (2.000) or higher. Background check required prior to participating in the internship course (HDFS 488E) during the senior year. Students will complete a graduation contract with an HDFS Academic Advisor during the first two weeks of the semester in which they are graduating.

## Major Completion Map

### Distinctive Requirements for Degree Program:

#### *Freshman*

| Semester 1  |  | Critical | Recommended | AUCC | Credits |
|---|--|----------|-------------|------|---------|
| CO 150  | College Composition (GT-CO2)               |          | X           | 1A   | 3       |
| HDFS 101  | Individual and Family Development (GT-SS3) | X        |             | 3C   | 3       |
| HDFS 277  | Introductory Seminar in HDFS               |          | X           |      | 1       |
| STAT 201  | General Statistics (GT-MA1)                |          |             | 1B   | 3       |
| Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )                     |  |          |             | 3B   | 3       |
| Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> ) |  |          |             | 3D   | 3       |

#### Total Credits

16

| Semester 2   |                                       | Critical | Recommended | AUCC | Credits |
|--|---------------------------------------|----------|-------------|------|---------|
| PSY 100  | General Psychology (GT-SS3)           |          | X           | 3C   | 3       |
| SOC 100  | Introduction to Sociology (GT-SS3)    |          | X           | 3C   | 3       |
| Select one course from the following:  |                                       |          |             |      | 3-4     |
| BZ 101   | Humans and Other Animals (GT-SC2)     |          | X           | 3A   |         |
| LIFE 102   | Attributes of Living Systems (GT-SC1) |          | X           | 3A   |         |
| Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )                                  |                                       |          |             | 3B   | 3       |
| Diversity and Global Awareness ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-global-awareness">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-global-awareness</a> ) |                                       |          |             | 3E   | 3       |
| CO 150 and HDFS 277 must be completed by the end of Semester 2.  |                                       | X        |             |      |         |

#### Total Credits

15-16

#### *Sophomore*

| Semester 3   |   | Critical | Recommended | AUCC | Credits |
|--|---|----------|-------------|------|---------|
| HDFS 310   | Infant and Child Development in Context   | X        |             |      | 3       |
| HDFS 334   | Family and Parenthood Across the Lifespan |          | X           |      | 3       |
| Biological and Physical Sciences ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences</a> ) |   |          |             | 3A   | 3-4     |
| Electives  |   |          |             |      | 6       |

#### Total Credits

15-16

| Semester 4                            |  | Critical | Recommended | AUCC | Credits |
|---------------------------------------|--|----------|-------------|------|---------|
| HDFS 311                              | Adolescent/Early Adult Development in Context        | X        |             |      | 3       |
| HDFS 312                              | Adult Development-Middle Age and Aging               |          |             |      | 3       |
| Select one course from the following: |  |          |             |      | 3       |
| CO 300                                | Writing Arguments (GT-CO3)                           |          | X           | 2    |         |
| CO 301C                               | Writing in the Disciplines: Social Sciences (GT-CO3) |          | X           | 2    |         |

|  |  |                 |                    |             |                |
|--|--|-----------------|--------------------|-------------|----------------|
| Electives  |  |                 |                    |             | 6              |
| <b>Total Credits</b>   |  |                 |                    |             | <b>15</b>      |
| <b>Junior</b>  |  |                 |                    |             |                |
| <b>Semester 5</b>  |  | <b>Critical</b> | <b>Recommended</b> | <b>AUCC</b> | <b>Credits</b> |
| HDFS 350   | Applied Research Methods                     |                 | X                  | 4A          | 3              |
| HDFS 375   | Lifespan Intervention and Prevention Science |                 | X                  |             | 3              |
| Leadership and Entrepreneurial Professions Concentration Course (See Department List on Concentration Requirements tab)  |  |                 |                    |             | 3              |
| Elective   |  |                 |                    |             | 5              |
| <b>Total Credits</b>   |  |                 |                    |             | <b>14</b>      |
| <b>Semester 6</b>  |  | <b>Critical</b> | <b>Recommended</b> | <b>AUCC</b> | <b>Credits</b> |
| HDFS 402   | Couple and Family Studies                    |                 | X                  |             | 3              |
| HDFS 434   | Risk and Resilience Across the Lifespan      |                 | X                  | 4B          | 3              |
| Select one course from the following:  |  |                 |                    |             | 1              |
| HDFS 477   | HDFS Professional Preparation                |                 |                    |             |                |
| HDFS 478   | HDFS Professional Development                |                 |                    |             |                |
| Leadership and Entrepreneurial Professions Concentration Courses (See Department List on Concentration Requirements tab) |  |                 |                    |             | 6              |
| Elective   |  |                 |                    |             | 3              |
| <b>Total Credits</b>   |  |                 |                    |             | <b>16</b>      |
| <b>Senior</b>  |  |                 |                    |             |                |
| <b>Semester 7</b>  |  | <b>Critical</b> | <b>Recommended</b> | <b>AUCC</b> | <b>Credits</b> |
| HDFS 475   | Entrepreneurs and Leaders in Human Services  |                 |                    |             | 3              |
| HDFS 488E  | Internship: Leadership                       |                 |                    |             | 5-8            |
| Electives  |  |                 |                    |             | 2-5            |
| HDFS 350 must be completed by the end of Semester 7.   |  | X               |                    |             |                |
| <b>Total Credits</b>   |  |                 |                    |             | <b>13</b>      |
| <b>Semester 8</b>  |  | <b>Critical</b> | <b>Recommended</b> | <b>AUCC</b> | <b>Credits</b> |
| HDFS 492   | Capstone—Evidence-Based Program Proposals    | X               |                    | 4C          | 3              |
| Leadership and Entrepreneurial Professions Concentration Course (See Department List on Concentration Requirements tab)  |  | X               |                    |             | 3              |
| Electives  |  | X               |                    |             | 9              |
| The benchmark courses for the 8th semester are the remaining courses in the entire program of study.                     |  | X               |                    |             |                |
| <b>Total Credits</b>   |  |                 |                    |             | <b>15</b>      |
| <b>Program Total Credits:</b>  |  |                 |                    |             | <b>120</b>     |