

# MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, PREVENTION AND INTERVENTION SCIENCES CONCENTRATION

## Requirements

### Effective Fall 2023

A minimum grade of C (2.000) is required in all courses used to satisfy the requirements of the Major in Human Development and Family Studies, Prevention and Intervention Sciences Concentration. Courses used as substitutions also require a minimum grade of C (2.000).

#### Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
PSY 100	General Psychology (GT-SS3)	3C	3
SOC 100	Introduction to Sociology (GT-SS3)	3C	3
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )		3B	6
Diversity, Equity, and Inclusion ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion</a> )		1C	3
Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> )		3D	3
Quantitative Reasoning ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning</a> )		1B	3
<b>Total Credits</b>			<b>31-32</b>

#### Sophomore

HDFS 250	Introduction to Research Methods		3
HDFS 310	Infant and Child Development in Context		3
HDFS 311	Adolescent/Early Adult Development in Context		3
HDFS 312	Adult Development-Middle Age and Aging		3
HDFS 334	Family and Parenthood Across the Lifespan		3
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Biological and Physical Sciences ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences</a> )		3A	3-4
Prevention and Intervention Sciences Concentration Course (See list below)			3
Electives			6
<b>Total Credits</b>			<b>30-31</b>

#### Junior

HDFS 350	Applied Research Methods	4A	3
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HDFS 375	Lifespan Intervention and Prevention Science	3
HDFS 402	Couple and Family Studies	3
Select one course from the following: <sup>1</sup>		1
HDFS 477A	Professional Preparation: Local Internship Placements	
HDFS 477B	Professional Preparation: Distance Internship Placements	
HDFS 478	HDFS Professional Development	
Diversity, Equity, Inclusion & Justice Course (See list below) <sup>2</sup>		3
Prevention and Intervention Sciences Concentration Course (See list below)		6
Electives		11
<b>Total Credits</b>		<b>30</b>

**Senior**

HDFS 434	Risk and Resilience Across the Lifespan	4B	3
HDFS 488D <sup>1</sup>	Internship: Prevention/Intervention Science		4-6
HDFS 492	Capstone—Evidence-Based Program Proposals	4C	3
Prevention and Intervention Sciences Concentration Courses (See list below)			6
Electives <sup>3</sup>			10-12
<b>Total Credits</b>			<b>28</b>
<b>Program Total Credits:</b>			<b>120</b>

**Prevention and Intervention Sciences Concentration Courses**

Of the 15 credits of concentration courses, a minimum of 9 credits must be HDFS courses and a minimum of 12 credits must be upper-division (300- to 400-level). Courses may not double-count for more than one HDFS concentration or as the required Diversity Equity, Inclusion & Justice Course.

Code	Title	Credits
<b>Select 9-15 credits from the following courses:</b>		
HDFS 201	Perspectives in Gerontology	3
HDFS 275	Foundational Helping Skills	3
HDFS 286	Practicum	3
HDFS 315	Disability across the Lifespan and Culture	3
HDFS 332	Death, Dying, and Grief	3
HDFS 403	Families in the Legal Environment	3
HDFS 404	Child Life Theory and Practice	3
HDFS 475	Leadership and Advocacy in Human Services	3
Two courses from the following may count:		
HDFS 410	Promoting Early Socioemotional Development	
HDFS 411	Developmental Transitions in Adolescence	
HDFS 412	Mental and Physical Health in Adulthood	
Six credits from the following may count:		
HDFS 360	Leadership Through Peer Mentoring I	
HDFS 370	Leadership Through Peer Mentoring II	
HDFS 470A	Campus Connections—Mentoring At-Risk Youth: Youth Mentor	
HDFS 470B	Campus Connections—Mentoring At-Risk Youth: Mentor Coach	
HDFS 470C	Campus Connections—Mentoring At-Risk Youth: Program Administration	
HDFS 497A	Group Study: Peer Advising	
HDFS 497B	Group Study: Undergraduate Outreach and Leadership	
HDFS 497C	Group Study: Student Respect/Wellness Education	
HDFS 497D	Group Study: Asian/Pacific American Cultural Center	
HDFS 497E	Group Study: Rites of Passage Mentoring Program	
HDFS 497G	Group Study: Human Development <sup>4</sup>	
<b>Select 0-6 credits from the following courses:</b>		
ANTH 317	Anthropology of Human Rights	3
ETST 305	Ethnicity, Class, and Gender in the U.S.	3

FACS 320	Finance-Personal and Family	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
MU 241	Introduction to Music Therapy	3
OT 355	The Disability Experience in Society	2
POLS 460	Public Policy Process	3
PSY 300	Positive Psychology	3
PSY 310	Basic Counseling Skills	3
PSY 325	Psychology of Personality	3
PSY 327	Psychology of Women	3
PSY 328	Psychology of Human Sexuality	3
PSY 330	Clinical and Counseling Psychology	3
PSY 335	Forensic Psychology	3
PSY 437	Psychology of Gender	3
PSY 460	Child Exceptionality and Psychopathology	3
PSY 492A	Seminar: Applied Social Psychology	1-3
PSY 492B	Seminar: Cognitive Psychology	1-3
PSY 492C	Seminar: Counseling/Clinical Psychology	1-3
PSY 492D	Seminar: Industrial/Organizational Psychology	1-3
PSY 492E	Seminar: Perceptual and Brain Sciences	1-3
PSY 492F	Seminar: Special Topics in Psychology	1-3
SOC 253	Intro to Criminology and Criminal Justice	3
SOC 324	Food Justice	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 344	Health, Medicine, and Society	3
SOC 357	Women, Crime, and Victimization	3
SOWK 370	Addictions - A Social Work Perspective	3
SOWK 371A	Fields of Practice: Child Protection	3
SOWK 371B	Fields of Practice: Juvenile Justice	3
SOWK 371C	Fields of Practice: Criminal Justice	3
SOWK 371E	Fields of Practice: Social Gerontology	3
SPCM 320	Communication and Human Trafficking	3
SPCM 436	Conflict Management and Communication	3
WS 397	Group Study	3

## Diversity, Equity, Inclusion, & Justice Courses <sup>2</sup>

Select 3 upper-division credits from the following list. Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3
ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 320	Ethnicity and Film—Asian-American Experience	3
ETST 332	Contemporary Chicanx Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3

ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3
PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 357	Women, Crime, and Victimization	3
SPCM 334	Co-Cultural Communication	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality--Theory, Method, Practice	3

<sup>1</sup> Students with substantial concentration-specific work experience may petition the Director of Undergraduate Advising in HDFS to replace HDFS 488D with additional coursework and complete HDFS 478 instead of HDFS 477A or HDFS 477B.

<sup>2</sup> Other 300 and 400 level courses related to Diversity, Equity, Inclusion, and Justice are subject to advisor approval.

<sup>3</sup> Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).

<sup>4</sup> Participation in the Campus Connections Learning Community is required for registration in HDFS 497G.