DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES

Office in Behavioral Sciences Building, Room 303
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hdfs.chhs.colostate.edu (http://hdfs.chhs.colostate.edu)

Professor Lise Youngblade, Department Head
Professor Deborah Fidler, Assistant Department Head

Undergraduate Majors
• Major in Early Childhood Education
• Major in Human Development and Family Studies
  • Early Childhood Professions Concentration
  • Human Development and Family Studies Concentration
  • Leadership and Entrepreneurial Professions Concentration
  • Pre-Health Professions Concentration
  • Prevention and Intervention Sciences Concentration

Online Degree Programs
The major in Human Development and Family Studies (HDFS) is offered in two formats, both leading to a Bachelor of Science degree. We offer on-campus classes to local degree-seeking students, and we offer distance students the HDFS degree through the Division of Continuing Education and CSU Online. The Online Bachelor of Science Degree in HDFS (http://www.online.colostate.edu/degrees/hdfs) provides a high quality university education that is flexible, convenient, and accessible for working and distance students. The courses in the online program are the same as the on-campus courses. The five concentrations are available online with only some limitations, as not all CSU courses are available online. The online Bachelor of Science degree in HDFS carries the full accreditation of CSU and is indistinguishable on student transcripts from the on-campus version of the degree. The Gerontology Interdisciplinary Minor and courses required to pursue a variety of certifications are also available online.

Gerontology Interdisciplinary Minor
The Gerontology Interdisciplinary Minor is a 21-23 credit program, housed in HDFS and available on-campus as well as online, that provides students with the opportunity to earn an undergraduate minor in gerontology. The Gerontology Interdisciplinary Minor helps students to develop an understanding of the aging process, including the biological, psychological and social aspects of adult development and aging. Admission is ongoing throughout the year. The full program may be found under University-Wide Instructional Programs.

Graduate
Graduate Programs in Human Development and Family Studies
The Department of Human Development and Family Studies offers two specializations leading to the Master of Science degree in Human Development and Family Studies (HDFS), and one doctoral program in Applied Developmental Science. The focus of the department is the development of the individual and the family throughout the lifespan. Our graduate programs provide students with an advanced understanding of human behavior and development, as well as with skills enabling them to contribute to scholarship and professional practice.

Students interested in graduate work should refer to the Graduate and Professional Bulletin and the Department of Human Development and Family Studies (http://www.hdfs.chhs.colostate.edu/students). (http://hdfs.chhs.colostate.edu/students/masters)

Master Programs
The Master of Science degree in HDFS (Plan A thesis option only) has two specializations, one in Prevention Science and one in Marriage and Family Therapy. Curricula in both programs include core courses in individual development and family theories, issues in HDFS, and research methods, as well as a research thesis.

• Master of Science in HDFS, Prevention Science Specialization
• Master of Science in HDFS, Marriage & Family Therapy Specialization

Ph.D.
• Ph.D. in Applied Developmental Science

Courses
Human Development and Family Studies (HDFS)

HDFS 101 Individual and Family Development (GT-SS3) Credits: 3 (3-0-0)
Course Description: Principles of life-span human development in the context of the family. Theory and research on the influence of family systems on individuals.
Prerequisite: None.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
Additional Information: Social & Behavioral Sciences 3C, Human Behavior, Culture, or Social Frameworks (GT-SS3).
HDFS 175 Developmental Psychology Across the Life Span  Credits: 3 (0-0-3)
Also Offered As: PSY 175.
Course Description: Theory and research on physical, cognitive, and psychosocial human development across the life span.
Prerequisite: None.
Registration Information: Offered as a telecourse only. Credit not allowed for both HDFS 175 and PSY 175.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 101 Perspectives in Gerontology  Credits: 3 (3-0-0)
Course Description: Multidisciplinary perspectives on a variety of issues in human aging; exploration of careers in gerontology; service-learning with older adults; emphasis on applied gerontology.
Prerequisite: HDFS 101 or PSY 100 or SOC 100.
Registration Information: Sections may be offered: Online.
Term Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 201 Creative Experiences for Children  Credits: 3 (2-0-1)
Course Description: Theories of play and creativity provide the foundation for examining the role of art, music, and literature in early childhood development. Exploration of creative techniques appropriate for young children and how these techniques enhance the child's self-expression, creativity, and development in educational, medical, and therapeutic settings.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 277 Professional Skills Development I  Credit: 1 (1-0-0)
Course Description: Professional skills and opportunities relevant to contemporary issues with individuals, families and community.
Prerequisite: CO 150, may be taken concurrently or HONR 193, may be taken concurrently.
Registration Information: Human Development and Family Studies or Early Childhood Education majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 286 Practicum-Professional Skills  Credits: 3 (1-6-0)
Course Description: Observational and applied experience with children, adolescents, adults, or families. Exploration of professional skills and opportunities.
Prerequisite: HDFS 101.
Registration Information: Must have completed 30 credits; required background check through CBI, FBI; major in Human Development and Family Studies or Early Childhood Education only. Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 310 Infant and Toddlerhood  Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development from conception through middle childhood in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 311 Adolescent/Early Adult Development in Context  Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development of adolescents and young adults in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 312 Adult Development-Middle Age and Aging  Credits: 3 (3-0-0)
Course Description: Developmental issues and processes pertaining to middle and later adulthood. Contexts in which adult development and aging occur are emphasized.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 317 Special Needs in Early Childhood  Credits: 3 (0-0-3)
Course Description: Atypical development in early childhood and recommended practices for fostering development of young children with special needs.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Offered as an online course only.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 318 Infancy and Toddlerhood  Credits: 3 (3-0-0)
Course Description: Physical, cognitive, language, and socio-emotional development from pre-birth through 36 months, with an emphasis on applied settings.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 320 Cognitive and Language Development Credits: 3 (3-0-0)
Course Description: Cognitive and language development from birth to adulthood; including biological, social, and cultural influences.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 332 Death, Dying, and Grief Credits: 3 (3-0-0)
Course Description: Developmental processes of death and dying related to the dying individuals and their families and for human service agencies.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 334 Family and Parenthood Across the Life Cycle Credits: 3 (3-0-0)
Course Description: Parenthood as a developmental process and in the context of family relationships throughout the life cycle.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 350 Applied Research Methods Credits: 3 (2-2-0)
Course Description: Interpret, apply, and write about research findings in human development.
Prerequisite: (HDFS 101 or PSY 100) and (STAT 201 or STAT 301 or STAT 311).
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 375 Lifespan Intervention and Prevention Science Credits: 3 (3-0-0)
Course Description: Intervention and prevention approaches and skills to improve the health, mental health, and well-being of families and individuals across the lifespan.
Prerequisite: HDFS 101.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 396 Internships Credits: 3 (3-0-0)
Course Description: Specialty-specific supervised work experience.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 402 Couple and Family Studies Credits: 3 (3-0-0)
Course Description: Theory and research concerning couple and family processes; social contexts in which couples and families change over time.
Prerequisite: HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 403 Families in the Legal Environment Credits: 3 (3-0-0)
Course Description: Legal issues related to families, including adoption, marriage, divorce, parent and child rights, consumer issues, disability, and estate planning.
Prerequisite: None.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 404 Child Life Theory and Practice Credits: 2 (2-0-0)
Course Description: Theories and skills related to effective child life practice in hospitals.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Offered as an online course only.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 410 Socioemotional Development in Childhood Credits: 3 (3-0-0)
Course Description: Socioemotional development in children and the influence of biology and socialization within diverse family, school and cultural contexts. Evidence-based practices for helping professionals who will serve children ages 3 - 8.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 411 Developmental Transitions in Adolescence Credits: 3 (3-0-0)
Course Description: Examination of biological, socio-emotional, cognitive, and behavioral changes during adolescence.
Prerequisite: HDFS 311.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 412 Mental and Physical Health in Adulthood Credits: 3 (3-0-0)
Course Description: Mental and physical health of adults, contextual factors of development, and implications for prevention, intervention, and public health planning.
Prerequisite: HDFS 312.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 413 Public Health Planning Credits: 3 (3-0-0)
Course Description: Design of public health programs and systems to influence factors of development, and implications for prevention, intervention, and public health planning.
Prerequisite: HDFS 313.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 434 Risk and Resilience Across the Lifespan  Credits: 3  (3-0-0)
**Course Description:** Why some individuals are at high risk for poor developmental outcomes, and why certain individuals fare well despite such risks or adversities. Strong developmental emphasis because resilience is viewed as a process, the results of which may not be manifest for years. There is an ecological emphasis because protective and vulnerability factors often reside in families, schools, neighborhoods.
**Prerequisite:** HDFS 310, may be taken concurrently and HDFS 311, may be taken concurrently.
**Registration Information:** Completion of 75 credit minimum. Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** No.

HDFS 439 Administration of Early Childhood Programs  Credits: 3  (3-0-0)
**Course Description:** Center administration related to program development and operations, budgeting, state regulations and licensing, and personnel issues.
**Prerequisite:** HDFS 310 or PSY 260.
**Registration Information:** Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** No.

HDFS 445 Early Childhood Health, Safety, and Nutrition  Credits: 3  (0-0-3)
**Also Offered As:** FSHN 445.
**Course Description:** Planning, promoting and maintaining healthy lifestyle and safe learning environment for preschool children.
**Prerequisite:** HDFS 310 or PSY 260.
**Registration Information:** Offered as an online only course. Credit not allowed for both HDFS 445 and FSHN 445.
**Terms Offered:** Fall, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** No.

HDFS 477 Professional Skills Development II  Credit: 1  (1-0-0)
**Course Description:** Applications and integration of human development and family background within professional settings.
**Prerequisite:** HDFS 277.
**Registration Information:** Completion of 90 credits. Human Development and Family Studies majors only. Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** No.

HDFS 470 Campus Connections—Mentoring At-Risk Youth  Credits: 3  (0-4-2)
**Course Description:** Service-learning course engaging students as mentors with local at-risk youth.
**Prerequisite:** None.
**Registration Information:** Written consent of instructor. Completion of AUCC 3C Social and Behavioral Sciences. Required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** Yes.

HDFS 475 Entrepreneurs and Leaders in Human Services  Credits: 3  (3-0-0)
**Course Description:** Skills and knowledge about leadership and entrepreneurship in areas pertinent to human development and family studies, as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
**Prerequisite:** HDFS 375.
**Registration Information:** Completion of 60 credits. Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Traditional.
**Special Course Fee:** No.

HDFS 488B Field Placement: Early Childhood  Credits: Var[1-14]  (0-0-0)
**Course Description:** Application of human development skills in a professional setting.
**Prerequisite:** HDFS 477, may be taken concurrently.
**Registration Information:** Required background check through CBI, FBI; Human Development and Family Studies majors only. Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Instructor Option.
**Special Course Fee:** No.

HDFS 488A Field Placement: Human Development and Family Studies  Credits: Var[1-14]  (0-0-0)
**Course Description:** Application of human development skills in a professional setting.
**Prerequisite:** HDFS 477, may be taken concurrently.
**Registration Information:** Required background check through CBI, FBI; Human Development and Family Studies majors only. Sections may be offered: Online.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** Instructor Option.
**Special Course Fee:** No.

HDFS 482A Study Abroad: Community Engagement—Mexico  Credits: 3  (0-0-3)
**Course Description:** This two-week summer service learning course involves engaging with youth and their families in conjunction with the Todos Santos Center in Mexico. Students participate in service programming that responds to community opportunities identified by a recent community needs assessment focusing on opportunities for youth and family engagement. Activities include cultural orientation and immersion, reflection of service experience, and collaboration with local professionals.
**Prerequisite:** HDFS 101 or PSY 100 or SOC 100.
**Registration Information:** Sophomore standing. Written consent of instructor. Background check required. Students will apply through the Education Abroad Office.
**Term Offered:** Summer.
**Grade Mode:** S/U Sat/Unsat Only.
**Special Course Fee:** No.

HDFS 484 Supervised College Teaching  Credits: Var[1-3]  (0-0-0)
**Course Description:**
**Prerequisite:** None.
**Registration Information:** A maximum of 10 combined credits for all 384 and 484 courses are counted towards graduation requirements.
**Terms Offered:** Fall, Spring, Summer.
**Grade Mode:** S/U Sat/Unsat Only.
**Special Course Fee:** No.
HDFS 488C Field Placement: Pre-Health  Credits: Var[1-14] (0-0-0)
Course Description: Application of human development skills in a professional setting.
Prerequisite: HDFS 477, may be taken concurrently.
Registration Information: Required background check through CBI, FBI; Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488D Field Placement: Prevention/Intervention Science  Credits: Var[1-14] (0-0-0)
Course Description: Application of human development skills in a professional setting.
Prerequisite: HDFS 477, may be taken concurrently.
Registration Information: Required background check through CBI, FBI; Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488E Field Placement: Leadership/Entrepreneurship  Credits: Var[1-14] (0-0-0)
Course Description: Application of human development skills in a professional setting.
Prerequisite: HDFS 477, may be taken concurrently.
Registration Information: Required background check through CBI, FBI; Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 492 Seminar-Program Proposal Development  Credits: 3 (0-0-3)
Course Description: Research, development, and oral presentations of program proposals from a family systems and development perspective.
Prerequisite: (HDFS 350) and (HDFS 477, may be taken concurrently or EDUC 400).
Registration Information: Major in Human Development and Family Studies or Early Childhood Education; completion of 90 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 493 Specialized Seminar  Credits: 3 (0-0-3)
Course Description: Advanced study of theory, research, and application in a specialized area.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495A Independent Study: Human Development  Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495B Independent Study: Family Studies  Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495C Independent Study: Early Childhood Education  Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497A Group Study: Peer Advising  Credits: Var[1-3] (0-0-0)
Course Description: Serve as an active member of the Peer Advising Team by providing assistance to undergraduate students and support to the HDFS advisors to enhance the services provided by the HDFS Undergraduate Advising Office.
Prerequisite: HDFS 277.
Registration Information: Written consent of department required.
Terms Offered: Fall, Spring.
Grade Modes: S/U within Student Option, Trad within Student Option.
Special Course Fee: No.

HDFS 497B Group Study: Undergraduate Outreach and Leadership  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 497C Group Study: Student Respect/Wellness Education  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 497D Group Study: Asian/Pacific American Cultural Center  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 497E  Group Study: Rites of Passage Mentoring Program  Credit: 1 (0-0-1)
Course Description: Peer mentoring, assisting with a retreat for incoming first-year students, attending seminars/community building forums, community service involvement, providing academic resource information, and leadership development. The goal of this course is to improve the academic performance and retention rate of African American first-year and transfer students.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497F  Group Study: Honors Human Development  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497G  Group Study: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 498A  Research: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 498B  Research: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 499  Thesis  Credits: Var[1-6] (0-0-0)
Course Description: Independent research project presented to a faculty committee.
Prerequisite: None.
Registration Information: Written consent of department chair.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 500  Issues in Human Development and Family Studies  Credits: 3 (2-3-0)
Course Description: A selected, broad issue in human development and family studies emphasizing principles of research.
Prerequisite: None.
Registration Information: Must register for lecture and laboratory.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 501  Readings in the Discipline  Credit: 1 (1-0-0)
Course Description: Research in human development and family studies content areas; skills in writing an extended literature review.
Prerequisite: None.
Registration Information: Admission to HDFS master's program.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 505  Human Development for Helping Professionals  Credits: 3 (3-0-0)
Course Description: An advanced overview of lifespan development, focusing on wellness promotion and developmental influences on case conceptualization and treatment.
Prerequisite: None.
Registration Information: Graduate standing or written consent of instructor. Offered as an online course only.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 520  Family Therapy Practice: Treatment Planning  Credits: 3 (1-2-1)
Course Description: Integration of family/couple therapy theories and practice related to treatment planning and internal family systems therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 521  Family Therapy Practice: Common Factors  Credits: 3 (1-2-1)
Course Description: Application of common factors - e.g., therapeutic alliance - in family and couple therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program. Must register for lecture, laboratory, and recitation.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 524  Family Theory  Credits: 3 (3-0-0)
Course Description: Major theories and conceptual frameworks for family analysis.
Prerequisite: HDFS 100 to 481 - at least 1 course.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 534  Marriage and Family Therapy  Credits: 3 (3-0-0)
Course Description: Theories and techniques.
Prerequisite: HDFS 524.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 549  Research Methods I  Credits: 3 (3-0-0)
Course Description: Introduction to empirical research, data analysis, and interpretation in Human Development and Family Sciences.
Prerequisite: None.
Registration Information: Required: 3 credits of STAT; 3 credits of upper division behavioral sciences.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 550  Research Methods II  Credits: 3 (3-0-0)
Course Description: Research strategies and ethical considerations.
Prerequisite: HDFS 549.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 590A  Workshop: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 590B  Workshop: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 592  Grant Writing-Human Services and Research  Credits: 3 (1-0-2)
Course Description: Writing grant proposals that support client services or for research.
Prerequisite: STAT 201.
Registration Information: Must register for lecture and recitation.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 593  Seminar–Human Services Leadership  Credit: 1 (0-0-1)
Course Description: Investigates issues relevant to human development and family studies, such as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: None.
Registration Information: Junior standing. Admission in a graduate program at Colorado State University or consent of instructor. Must have concurrent registration in HDFS 475. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 607  Prevention Science Across the Lifespan  Credits: 3 (2-0-1)
Course Description: Theory, methods, interventions, and standards of evidence in preventing mental, emotional, and behavioral disorders.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Six credits of upper-division behavioral sciences.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 608  Program Planning and Implementation  Credits: 3 (2-2-0)
Course Description: Design or adapt research-based prevention programs from a family-centered, developmentally appropriate perspective.
Prerequisite: HDFS 500, may be taken concurrently.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 609  Prevention Program Evaluation  Credits: 3 (3-0-0)
Course Description: Concepts and practices of program evaluation in prevention science.
Prerequisite: HDFS 549, may be taken concurrently.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 610  Risk and Resilience  Credits: 3 (3-0-0)
Course Description: Risk and resilience processes in human development.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Completion of 6 credits in behavioral science courses.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 611  Early Child Development  Credits: 3 (3-0-0)
Course Description: Advanced study of developmental changes from conception through age ten; research-based applications to practice.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper-division behavioral sciences.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 612 Adolescent Development  Credits: 3 (3-0-0)
Course Description: Classical and contemporary theory; review of research related to major developmental processes.
Prerequisite: PSY 300 to 499 - at least 3 credits or SOC 300 to 499 - at least 3 credits or HDFS 300 to 499 - at least 3 credits.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 613 Adult Development and Aging  Credits: 3 (3-0-0)
Course Description: Advanced study of developmental change and adaptation during adult years.
Prerequisite: PSY 300 to 499 - at least 3 credits or SOC 300 to 499 - at least 3 credits or HDFS 300 to 499 - at least 3 credits.
Restriction: Must be a: Graduate, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 624 Skills and Techniques in Family Therapy  Credits: 3 (1-2-1)
Course Description: Application of marriage and family therapy theories to clinical practice with a focus on addiction and self-of-the-therapist.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 621 Family Therapy Practice: Topics in Sexuality  Credits: 3 (1-2-1)
Course Description: Integration of family therapy theories and practice related to topics in sexuality, termination and referral, and one's personal theory of change.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 624 Skills and Techniques in Family Therapy  Credits: 3 (3-0-0)
Course Description: Elaboration of techniques and therapy skills based on theory and research.
Prerequisite: HDFS 534.
Restriction: Must be a: Graduate, Professional.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 636 Aging and the Family  Credits: 3 (3-0-0)
Course Description: Theory and research relating to topics on aging during middle and late years of family life cycle.
Prerequisite: HDFS 300 to 481 - at least 1 course.
Restriction: Must be a: Graduate, Professional.
Registration Information: One course in adult development or 6 credits of upper-division behavioral science.
Term Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 644 Foundations in Family Therapy  Credits: 3 (3-0-0)
Course Description: Contemporary research and treatment strategies for parenting problems, family violence, and substance abuse.
Prerequisite: HDFS 524.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 650 Multivariate Research Methods I  Credits: 3 (2-0-1)
Course Description: Statistical concepts and analysis.
Prerequisite: HDFS 550.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 676 Professional Skills Development  Credits: 3 (3-0-0)
Course Description: Fundamental skills of marriage and family therapy; clinic procedures; case assessment, planning, and management.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 677 Ethical and Legal Issues  Credits: 3 (0-0-3)
Course Description: Ethical and legal issues in field of human development and family studies.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 684 Supervised College Teaching  Credits: Var[1-18] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 686A Practicum: Human Development  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686B Practicum: Family Studies  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 686D Practicum: Developmental Assessment Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686E Practicum: Early Childhood Education Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687A Internship: Human Development Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687B Internship: Family Studies Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687C Internship: Marriage and Family Therapy Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 677, may be taken concurrently.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692A Family Issues: Intimacy and Human Sexuality Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692B Family Issues: Parenting Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692C Family Issues: Family Policy and Programming Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692D Family Issues: Contemporary Family Issues Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Terms Offered: Fall, Spring, Summer. Offered as needed.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 695A Independent Study: Human Development Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 695B Independent Study: Family Studies Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 695C Independent Study: Early Childhood Education Credits: Var[1-18] (0-0-0)
Course Description: Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 697 Group Study Credits: Var[1-6] (0-0-0)
Course Description: 
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 698A Research: Human Development Credits: Var[1-3] (0-0-0)
Course Description: 
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 698B Research: Family Studies Credits: Var[1-3] (0-0-0)
Course Description: 
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 699 Thesis Credits: Var[1-18] (0-0-0)
Course Description: 
Prerequisite: HDFS 550.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 710 Theories of Applied Developmental Science Credits: 3 (3-0-0)
Course Description: Theories of applied developmental science, and implications for intervention and policy.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 750 Multivariate Research Methods II Credits: 3 (3-0-0)
Course Description: Applications of multivariate methods to research in applied developmental science.
Prerequisite: HDFS 650.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 772 Marriage and Family Therapy Supervision Credits: 3 (2-0-1)
Course Description: Prepares professionals to supervise marriage and family therapists in a variety of settings.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Written consent of instructor.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792A Seminar: Lifespan Socioemotional Development Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792B Seminar: Lifespan Cognitive Development Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792C Seminar: Special Topics Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 799 Dissertation Credits: Var[1-18] (0-0-0)
Course Description: 
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.