GERONTOLOGY INTERDISCIPLINARY MINOR

Office in Behavioral Sciences Building, Room 303  
(970) 491-5558

Department of Human Development and Family Studies

The Gerontology Interdisciplinary Minor is a cooperative effort among faculty from different departments and colleges of CSU who share a common interest in gerontology, the study of human aging. The primary purpose of the interdisciplinary minor is to provide students with background academic knowledge and practicum/internship experience to work effectively with and for older adults in a variety of settings, and to enter professions in which there is a need to combine insight and skills derived from their major with knowledge about older individuals and the aging process.

For further information about the program, please consult with your academic advisor about the Gerontology Interdisciplinary Minor.

Effective Fall 2017

Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- to 400-level) credits.

Additional coursework may be required due to prerequisites.

A grade of C or better is required in each course that is a core requirement for the interdisciplinary minor.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td></td>
<td>Core Requirements</td>
<td>16-18</td>
</tr>
<tr>
<td>FSHN 444</td>
<td>Nutrition and Aging</td>
<td>1-3</td>
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<tr>
<td>or FSHN 459</td>
<td>Nutrition in the Life Cycle</td>
<td></td>
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<tr>
<td>HDFS 201</td>
<td>Perspectives in Gerontology</td>
<td>3</td>
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<tr>
<td>HDFS 312</td>
<td>Adult Development-Middle Age and Aging</td>
<td>3</td>
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<tr>
<td>HES 434</td>
<td>Physical Activity Throughout the Lifespan</td>
<td>3</td>
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<tr>
<td>SOWK 371E</td>
<td>Social Work with Selected Populations: Social Gerontology</td>
<td>3</td>
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Select a minimum of 3 credits internship/field placement directly related to aging from the following:

<table>
<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>AHS 487</td>
<td>Internship in Human Services</td>
</tr>
<tr>
<td>HDFS 488A</td>
<td>Field Placement: Human Development and Family Studies</td>
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<tr>
<td>HDFS 488C</td>
<td>Field Placement: Pre-Health</td>
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<tr>
<td>HDFS 488D</td>
<td>Field Placement: Prevention/Intervention Science</td>
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<tr>
<td>HDFS 488E</td>
<td>Field Placement: Leadership/Entrepreneurship</td>
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<tr>
<td>SOWK 488</td>
<td>Field Placement</td>
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<tbody>
<tr>
<td></td>
<td>Elective Courses</td>
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<tr>
<td>BMS 300</td>
<td>Principles of Human Physiology</td>
</tr>
<tr>
<td>BZ 433</td>
<td>Behavioral Genetics</td>
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<tr>
<td>FSHN 450</td>
<td>Medical Nutrition Therapy</td>
</tr>
<tr>
<td>FSHN 451</td>
<td>Community Nutrition</td>
</tr>
<tr>
<td>HDFS 332</td>
<td>Death, Dying, and Grief</td>
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Program Total Credits 21-23