

# MAJOR IN FAMILY AND CONSUMER SCIENCES, INTERDISCIPLINARY CONCENTRATION



The Family and Consumer Sciences Interdisciplinary Concentration provides students with a focus on family and consumer well-being, growth, and development of family members, and the relationship of households to their environment. The interdisciplinary nature of this concentration brings together coursework in human development, family studies, nutrition and foods, consumer sciences, personal finance, apparel and textiles, design and merchandising, and health and wellness.

It is highly recommended that students participate in internships, volunteer activities, or cooperative extension opportunities to enhance their experiences and development. Graduates who seek advanced degrees often attain higher-level professional positions.

The concentration includes All-University Core Curriculum (<https://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/>) courses, subject matter courses, and elective courses to enhance personal and professional development.

## Requirements

### Effective Fall 2022

#### Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
FACS 179	Introduction to Family and Consumer Sciences		2
FSHN 150	Survey of Human Nutrition		3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
PSY 100	General Psychology (GT-SS3)	3C	3
Select one course from the following:			3
AM 130	Awareness and Appreciation of Design	3B	
ART 100	Introduction to the Visual Arts (GT-AH1)	3B	
IDEA 210	Introduction to Design Thinking (GT-AH1)	3B	
Select one group from the following:			4-5
Group A:			
CHEM 103	Chemistry in Context (GT-SC2)	3A	
CHEM 104	Chemistry in Context Laboratory (GT-SC1)	3A	
Group B:			
CHEM 107	Fundamentals of Chemistry (GT-SC2)	3A	
CHEM 108	Fundamentals of Chemistry Laboratory (GT-SC1)	3A	
1B ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc</a> )		1B	3
Elective			5
<b>Total Credits</b>			<b>29-30</b>

#### Sophomore

DM 272	Consumers in the Marketplace		3
HES 145	Health and Wellness for Everyone (GT-SS3)	1C	3
SOC 100	Introduction to Sociology (GT-SS3)	3C	3
SPCM 200	Public Speaking		3

Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Select one course from the following:			3-4
BUS 150	Business Computing Concepts and Applications		
CS 110	Personal Computing		
ECON-XXX			3
1C ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc</a> )		1C	3
Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )		3B	3
Elective			3
<b>Total Credits</b>			<b>30-32</b>
<b>Junior</b>			
FACS 320	Finance-Personal and Family		3
FACS 360	Family and Consumer Sciences Research	4B	3
FSHN 300	Food Principles and Applications		3
FSHN 301	Food Principles and Applications Laboratory		2
Select one course from the following:			3
HDFS 310	Infant and Child Development in Context		
HDFS 311	Adolescent and Emerging Adult Development		
HDFS 312	Adult Development-Middle Age and Aging		
FSHN, FTEC, RRM Elective			3
Family and Consumer Sciences Electives <sup>1</sup>			9
Advanced Writing ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing</a> )		2	3
Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> )		3D	3
<b>Total Credits</b>			<b>32</b>
<b>Senior</b>			
FACS 479	Colloquium-Family and Consumer Sciences	4A,4C	2
HDFS 334	Family and Parenthood Across the Lifespan		3
HDFS 402	Couple and Family Studies		3
HDFS 403	Families in the Legal Environment		3
Family and Consumer Sciences Electives <sup>1</sup>			12
Support Career Objective-Electives <sup>2</sup>			3-6
<b>Total Credits</b>			<b>26-29</b>
<b>Program Total Credits:</b>			<b>120</b>

<sup>1</sup> Select courses with subject codes AHS, AM, DM, FACS, FSHN, FTEC, HDFS, IDEA, INTD, OT, or RRM. Keep in mind the requirement of 42 upper-division credits when choosing these courses.

<sup>2</sup> Select courses to enhance knowledge and skill in chosen career area.

## Major Completion Map

### Distinctive Requirements for Degree Program:

Students are encouraged to complete a Family and Consumer Sciences internship.

#### Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)		X	1A	3
FSHN 150	Survey of Human Nutrition				3

HDFS 101	Individual and Family Development (GT-SS3)		X	3C	3
Select one course from the following:					3
AM 130	Awareness and Appreciation of Design			3B	
ART 100	Introduction to the Visual Arts (GT-AH1)			3B	
IDEA 210	Introduction to Design Thinking (GT-AH1)			3B	
1B ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc</a> )			X	1B	3
<b>Total Credits</b>					<b>15</b>
<b>Semester 2</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
FACS 179	Introduction to Family and Consumer Sciences	X			2
PSY 100	General Psychology (GT-SS3)			3C	3
Select one group from the following:					4-5
Group A:					
CHEM 103	Chemistry in Context (GT-SC2)	X		3A	
CHEM 104	Chemistry in Context Laboratory (GT-SC1)	X		3A	
Group B:					
CHEM 107	Fundamentals of Chemistry (GT-SC2)	X		3A	
CHEM 108	Fundamentals of Chemistry Laboratory (GT-SC1)	X		3A	
Elective					5
CO 150, HDFS 101 must be completed by the end of Semester 2.		X			
<b>Total Credits</b>					<b>14-15</b>
<b>Sophomore</b>					
<b>Semester 3</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
SOC 100	Introduction to Sociology (GT-SS3)			3C	3
Select one course from the following:					3-4
BUS 150	Business Computing Concepts and Applications				
CS 110	Personal Computing				
Select one course from the following:					3-4
BZ 101	Humans and Other Animals (GT-SC2)			3A	
LIFE 102	Attributes of Living Systems (GT-SC1)			3A	
1C ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc</a> )		X		1C	3
Elective					3
<b>Total Credits</b>					<b>15-16</b>
<b>Semester 4</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
DM 272	Consumers in the Marketplace	X			3
HES 145	Health and Wellness for Everyone (GT-SS3)			1C	3
SPCM 200	Public Speaking				3
ECON *** Course					3
Arts and Humanities ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities</a> )				3B	3
FSHN 150 must be completed by the end of Semester 4.					
					X
<b>Total Credits</b>					<b>15</b>
<b>Junior</b>					
<b>Semester 5</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
FACS 320	Finance-Personal and Family				3
FACS 360	Family and Consumer Sciences Research			4B	3
FSHN 300	Food Principles and Applications				3
FSHN 301	Food Principles and Applications Laboratory				2
Advanced Writing ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing</a> )		X		2	3

Historical Perspectives ( <a href="http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives">http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives</a> )			3D		3
<b>Total Credits</b>					<b>17</b>
<b>Semester 6</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
Select one course from the following:					3
HDFS 310	Infant and Child Development in Context	X			
HDFS 311	Adolescent and Emerging Adult Development	X			
HDFS 312	Adult Development-Middle Age and Aging	X			
FSHN, FTEC, RRM Elective					3
Family and Consumer Science Elective					9
<b>Total Credits</b>					<b>15</b>
<i>Senior</i>					
<b>Semester 7</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
HDFS 334	Family and Parenthood Across the Lifespan				3
HDFS 403	Families in the Legal Environment				3
Family and Consumer Science Elective					6
<b>Total Credits</b>					<b>12</b>
<b>Semester 8</b>		<b>Critical</b>	<b>Recommended</b>	<b>AUCC</b>	<b>Credits</b>
FACS 479	Colloquium--Family and Consumer Sciences	X		4A,4C	2
HDFS 402	Couple and Family Studies	X			3
Career Objective Elective					3-6
Family and Consumer Science Electives					6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.					
<b>Total Credits</b>					<b>14-17</b>
<b>Program Total Credits:</b>					<b>120</b>