

MAJOR IN FAMILY AND CONSUMER SCIENCES, INTERDISCIPLINARY CONCENTRATION

Students are encouraged to complete a Family and Consumer Sciences internship.

Major Completion Map

Distinctive Requirements for Degree Program:

Freshman

Semester 1	Critical	Recommended	AUCC	Credits
CO 150 College Composition (GT-CO2)		X	1A	3
FSHN 150 Survey of Human Nutrition				3
HDFS 101 Individual and Family Development (GT-SS3)		X	3C	3
Select one course from the following:				3
AM 130 Awareness and Appreciation of Design			3B	
ART 100 Introduction to the Visual Arts (GT-AH1)			3B	
IDEA 210 Introduction to Design Thinking (GT-AH1)			3B	
1B (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)	X		1B	3
Total Credits				15

Semester 2	Critical	Recommended	AUCC	Credits
FACS 179 Introduction to Family and Consumer Sciences	X			2
PSY 100 General Psychology (GT-SS3)			3C	3
Select one group from the following:				4-5
Group A:				
CHEM 103 Chemistry in Context (GT-SC2)	X		3A	
CHEM 104 Chemistry in Context Laboratory (GT-SC1)	X		3A	
Group B:				
CHEM 107 Fundamentals of Chemistry (GT-SC2)	X		3A	
CHEM 108 Fundamentals of Chemistry Laboratory (GT-SC1)	X		3A	
Elective				5
CO 150, HDFS 101 must be completed by the end of Semester 2.	X			
Total Credits				14-15

Sophomore

Semester 3	Critical	Recommended	AUCC	Credits
SOC 100 Introduction to Sociology (GT-SS3)			3C	3
Select one course from the following:				3-4
BUS 150 Business Computing Concepts and Applications				
CS 110 Personal Computing				
Select one course from the following:				3-4
BZ 101 Humans and Other Animals (GT-SC2)			3A	
LIFE 102 Attributes of Living Systems (GT-SC1)			3A	
1C (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)	X		1C	3
Elective				3
Total Credits				15-16

Semester 4	Critical	Recommended	AUCC	Credits
DM 272 Consumers in the Marketplace	X			3
HES 145 Health and Wellness for Everyone (GT-SS3)			1C	3

SPCM 200	Public Speaking				3
ECON *** Course					3
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			3B		3
FSHN 150 must be completed by the end of Semester 4.		X			
Total Credits					15
Junior					
Semester 5		Critical	Recommended	AUCC	Credits
FACS 320	Finance-Personal and Family				3
FACS 360	Family and Consumer Sciences Research			4B	3
FSHN 300	Food Principles and Applications				3
FSHN 301	Food Principles and Applications Laboratory				2
Advanced Writing (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#advanced-writing)		X		2	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)				3D	3
Total Credits					17
Semester 6		Critical	Recommended	AUCC	Credits
Select one course from the following:					3
HDFS 310	Infant and Child Development in Context	X			
HDFS 311	Adolescent and Emerging Adult Development	X			
HDFS 312	Adult Development-Middle Age and Aging	X			
FSHN, FTEC, RRM Elective					3
Family and Consumer Science Elective					9
Total Credits					15
Senior					
Semester 7		Critical	Recommended	AUCC	Credits
HDFS 334	Family and Parenthood Across the Lifespan				3
HDFS 403	Families in the Legal Environment				3
Family and Consumer Science Elective					6
Total Credits					12
Semester 8		Critical	Recommended	AUCC	Credits
FACS 479	Colloquium--Family and Consumer Sciences	X		4A,4C	2
HDFS 402	Couple and Family Studies	X			3
Career Objective Elective		X			3-6
Family and Consumer Science Electives		X			6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.		X			
Total Credits					14-17
Program Total Credits:					120