

MINOR IN NUTRITION

Requirements Effective Fall 2023

Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- to 400-level) credits.

Additional coursework may be required due to prerequisites.

Code	Title	Credits
Required Courses:		
BMS 300 or HES 300	Principles of Human Physiology Physiology for Clinical Health Professions	4
FSHN 150	Survey of Human Nutrition	3
FSHN 350	Human Nutrition	3
FSHN 459	Nutrition in the Life Cycle	3
Select a minimum of 9 credits from the following:		9
FSHN 340	Food as Preventive Medicine	
FSHN 360	Nutrition Assessment	
FSHN 428	Nutrition Teaching and Counseling Techniques	
FSHN 450	Medical Nutrition Therapy	
FSHN 451	Community Nutrition	
FSHN 455	Food Systems–Impact on Health/Food Security	
FSHN 461	International Nutrition and Health	
FSHN 470	Integrative Nutrition and Metabolism	
Program Total Credits:		22