

MAJOR IN NUTRITION SCIENCE, DIETETICS AND NUTRITION MANAGEMENT CONCENTRATION

The concentration in dietetics and nutrition management in the Nutrition Science major is designed to provide students with the knowledge and skills to work in the health industry as a registered dietitian nutritionist (RDN). The program emphasizes hands-on and real-world learning experiences through practicums and laboratories. Areas of focus include clinical dietetics, counseling, food service, and sports nutrition.

It is important to understand that to become a registered dietitian nutritionist, one must complete an 8-12 month internship **AFTER** completion of the degree at CSU. Completing this concentration alone and earning the B.S. degree is not sufficient to become a dietitian. As of 2024, one must have a master's degree to become a registered dietitian nutritionist.

Learning Objectives

1. Scientific and Evidence Base of Practice: Integration of scientific information and translation of research into practice.
2. Professional Practice Expectations: Beliefs, values, attitudes, and behaviors for the nutrition and dietetics practitioner level of practice.
3. Clinical and Client Services: Development and delivery of information, products, and services to individuals, groups, and populations.
4. Practice Management and Use of Resources: Strategic application of principles of management and systems in the provision of services to individuals and organizations.
5. Leadership and Career Management: Skills, strengths, knowledge, and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.

See the department's website for the Dietetics and Nutrition Management concentration (<https://www.chhs.colostate.edu/fshn/programs-and-degrees/b-s-in-nutrition-and-food-science/dietetics-and-nutrition-management-concentration/>) for specific learning outcomes for the ACEND Accredited Dietetics Program.