

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, LEADERSHIP AND ADVOCACY CONCENTRATION

The Leadership and Advocacy Concentration guides students who are preparing for leadership in organizations that promote the optimal development of individuals and families, with a focus on equity and inclusion. Students in this concentration are prepared to work with diverse populations across a spectrum of human services positions in healthcare, education, mental health, government, business; as well as for a career pathway as directors, managers, or owners within

these fields. This concentration includes coursework in advocacy and social justice as well as opportunities to study finance, management, marketing, public policy, professional communication, and leadership. This concentration is also relevant for students seeking positions in student affairs, human resources, and non-profit organizations as well as students preparing for careers or advanced study in advocacy and legal services, such as advocates, lawyers or policy makers. Students in this concentration may also choose to pursue additional credentials in leadership, business, entrepreneurship, and design thinking.

Learn more about the Human Development and Family Studies major on the Human Development and Family Studies website. (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/b-s-in-human-development-and-family-studies/>)

Requirements

Effective Fall 2022

A minimum grade of C (2.000) is required in all courses used to satisfy the requirements of the Major in Human Development and Family Studies, Leadership and Advocacy Concentration. Courses used as substitutions also require a minimum grade of C (2.000).

Freshman

		AUCC	Credits
CO 150	College Composition (GT-CO2)	1A	3
HDFS 101	Individual and Family Development (GT-SS3)	3C	3
HDFS 277	Introductory Seminar in HDFS		1
PSY 100	General Psychology (GT-SS3)	3C	3
SOC 100	Introduction to Sociology (GT-SS3)	3C	3
Select one course from the following:			3-4
BZ 101	Humans and Other Animals (GT-SC2)	3A	
LIFE 102	Attributes of Living Systems (GT-SC1)	3A	
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			6
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)			3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			3
Quantitative Reasoning (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitative-reasoning)			3
Total Credits			31-32

Sophomore

HDFS 250	Introduction to Research Methods		3
HDFS 310	Infant and Child Development in Context		3
HDFS 311	Adolescent/Early Adult Development in Context		3
HDFS 312	Adult Development-Middle Age and Aging		3
HDFS 334	Family and Parenthood Across the Lifespan		3
Select one course from the following:			3
CO 300	Writing Arguments (GT-CO3)	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)	2	
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			3-4
Leadership & Advocacy Concentration Course (See list below)			3
Electives			6
Total Credits			30-31

Junior

HDFS 350	Applied Research Methods	4A	3
HDFS 375	Lifespan Intervention and Prevention Science		3
HDFS 402	Couple and Family Studies		3
Select one course from the following: ¹			1
HDFS 477	HDFS Professional Preparation		
HDFS 478	HDFS Professional Development		
Diversity, Equity, Inclusion & Justice Course (See list below)			3
Leadership & Advocacy Concentration Courses (See list below)			6
Electives			11
Total Credits			30

Senior

HDFS 434	Risk and Resilience Across the Lifespan	4B	3
HDFS 475	Entrepreneurs and Leaders in Human Services		3
HDFS 488E ¹	Internship: Leadership		5
HDFS 492	Capstone—Evidence-Based Program Proposals	4C	3
Leadership & Advocacy Concentration Course (See list below)			3
Electives ²			10-12
Total Credits			28
Program Total Credits:			120

Leadership and Advocacy Courses

Of the 15 credits of concentration courses, 3 credits of HDFS 475 are required (as noted above). Of the remaining 12 credits, a minimum of 3 credits must be HDFS courses, a minimum of 6 credits must be advocacy or social justice courses, and a minimum of 9 credits must be upper-division (300- to 400-level). Courses from this list may not double-count for more than one HDFS concentration, as the required Diversity Equity, Inclusion & Justice Course, or as the required AUCC 1C Diversity, Equity, and Inclusion course.

Code	Title	AUCC	Credits
Select 3-6 credits from the following courses:			
HDFS 201	Perspectives in Gerontology		3
HDFS 403	Families in the Legal Environment		3
HDFS 439	Administration of Early Childhood Programs		3
One course from the following may count:			3
HDFS 410	Promoting Early Socioemotional Development		
HDFS 411	Developmental Transitions in Adolescence		
HDFS 412	Mental and Physical Health in Adulthood		
Six credits from the following may count:			6
HDFS 360	Leadership Through Peer Mentoring I		
HDFS 370	Leadership Through Peer Mentoring II		
HDFS 470B	Campus Connections—Mentoring At-Risk Youth: Mentor Coach		
HDFS 470C	Campus Connections—Mentoring At-Risk Youth: Program Administration		
HDFS 497A	Group Study: Peer Advising		
HDFS 497B	Group Study: Undergraduate Outreach and Leadership		

HDFS 497C	Group Study: Student Respect/ Wellness Education	
HDFS 497D	Group Study: Asian/Pacific American Cultural Center	
HDFS 497E	Group Study: Rites of Passage Mentoring Program	
HDFS 497G	Group Study: Human Development ⁴	

Select 6-9 credits from the following courses:

ANTH 317	Anthropology of Human Rights		3
ANTH 416	Gender, Culture, and Health		3
ANTH 479/IE 479	International Development Theory and Practice		3
ECON 211	Gender in the Economy (GT-SS1) ³	1C	3
ETST 300	Queer Studies and Women of Color		3
ETST 305	Ethnicity, Class, and Gender in the U.S.		3
ETST 310	African American Studies		3
ETST 332	Contemporary Chicana Issues		3
ETST 342	Queer Indigenous Studies		3
ETST 365	Global Environmental Justice Movements		3
HDFS 315	Disability across the Lifespan and Culture		3
HDFS 317	Disabilities in Early Childhood Education		3
IE 470	Women and Development		3
IE 471	Children and Youth in Global Context		3
IE 472	Education for Global Peace		3
IE 479/ANTH 479	International Development Theory and Practice		3
JTC 316	Multiculturalism and the Media		3
SOC 333	Gender and Society		3
SOC 334	Sociology of Intersectionality		3
SOC 357	Women, Crime, and Victimization		3
SOWK 330	Dismantling Privilege and Oppression		3
SOWK 410	Social Welfare - Policy, Issues, and Advocacy		3
SPCM 334	Co-Cultural Communication		3
SPCM 335	Gender and Communication		3
SPCM 401	Rhetoric in Social Movements		3
SPCM 434	Intercultural Communication		3
WS 340	Race and Sexuality		3
WS 375	Intersectionality--Theory, Method, Practice		3

Select 0-3 credits from the following courses:

ACT 205	Fundamentals of Accounting		3
BUS 205	Legal and Ethical Issues in Business		3
ECON 202	Principles of Microeconomics (GT- SS1) ³	3C	3
ECON 204	Principles of Macroeconomics (GT- SS1) ³	3C	3
FACS 320	Finance-Personal and Family		3
FIN 305	Fundamentals of Finance		3

IDEA 210	Introduction to Design Thinking (GT- 3B AH1)	3
IU 170	A Call to Lead I: Theories and Skills	2
IU 270	Leadership Styles I: Personal Application	2
IU 470	Effective Leadership I: Success as a Leader	3
MGT 305	Fundamentals of Management	3
MGT 330	Creativity, Innovation, and Value Creation	3
MGT 340	Fundamentals of Entrepreneurship	3
MGT 360	Social and Sustainable Venturing	3
MGT 420	New Venture Creation	3
MKT 305	Fundamentals of Marketing	3
PHIL 205	Introduction to Ethics	3
POLS 351	Public Administration	3
POLS 460	Public Policy Process	3
SOC 455	Sociology of Law	3
SPCM 300	Advanced Public Speaking	3
SPCM 408	Applied Deliberative Techniques	3
SPCM 436	Conflict Management and Communication	3

Diversity, Equity, Inclusion, & Justice Courses

Select 3 credits from the following list.⁵ Selected course may not double-count as a concentration course.

Code	Title	Credits
ANTH 317	Anthropology of Human Rights	3
ANTH 333	Anthropology of Sex and Reproduction	3
ANTH 338	Gender and Anthropology	3
ANTH 416	Gender, Culture, and Health	3
ANTH 423	Cultural Psychiatry	3
ANTH 472	Human Biology	3
ANTH 479/IE 479	International Development Theory and Practice	3
ETST 300	Queer Studies and Women of Color	3
ETST 310	African American Studies	3
ETST 320	Ethnicity and Film—Asian-American Experience	3
ETST 332	Contemporary Chicana Issues	3
ETST 342	Queer Indigenous Studies	3
ETST 354	Black Cinema and Media	3
ETST 362/WS 362	Indigenous Consciousness and Gender	3
ETST 365	Global Environmental Justice Movements	3
ETST 438/E 438	Native American Literature	3
HDFS 315	Disability across the Lifespan and Culture	3
HDFS 317	Disabilities in Early Childhood Education	3
IE 470	Women and Development	3
IE 471	Children and Youth in Global Context	3
PHIL 350	Social and Political Philosophy	3
PHIL 353	Feminist Philosophies	3
PSY 437	Psychology of Gender	3
SOC 330	Social Inequality	3
SOC 333	Gender and Society	3
SOC 334	Sociology of Intersectionality	3
SOC 357	Women, Crime, and Victimization	3

SPCM 334	Co-Cultural Communication	3
SPCM 335	Gender and Communication	3
SPCM 357	Film and Social Change	3
SPCM 401	Rhetoric in Social Movements	3
SPCM 434	Intercultural Communication	3
WS 340	Race and Sexuality	3
WS 375	Intersectionality--Theory, Method, Practice	3

¹ Students with substantial concentration-specific work experience may petition the Director of Undergraduate Advising in HDFS to replace HDFS 488E with additional coursework and complete HDFS 478 instead of **HDFS 477**.

² Select enough elective credits to bring the program to a minimum of 120 credits, of which at least 42 must be upper-division (300- to 400-level).

³ Courses selected to fulfill All-University Core Curriculum (AUCC) requirements may not double count toward the Leadership and Advocacy Concentration Course requirement.

⁴ Participation in the Campus Connections Learning Community is required for registration into HDFS 497G.

⁵ Other 300 and 400 level courses related to Diversity, Equity, Inclusion, and Justice subject to advisor approval.

Major Completion Map

Distinctive Requirements for Degree Program:

Human Development and Family Studies is an open-entry major for freshmen. For sophomores and above, students must complete and/or be enrolled in HDFS 101, PSY 100 or SOC 100 in order to declare HDFS. HDFS subject code courses must be completed with a grade of C (2.000) or higher. Background check required prior to participating in the internship course (HDFS 488E) during the senior year. Students will complete a graduation contract with an HDFS Academic Advisor during the first two weeks of the semester in which they are graduating.

Freshman

Semester 1		Critical	Recommended	AUCC	Credits
CO 150	College Composition (GT-CO2)	X		1A	3
HDFS 101	Individual and Family Development (GT-SS3)	X		3C	3
HDFS 277	Introductory Seminar in HDFS	X			1
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)				3D	3
Quantitative Reasoning (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#quantitativereasoning)			X	1B	3
Total Credits					16

Semester 2		Critical	Recommended	AUCC	Credits
PSY 100	General Psychology (GT-SS3)	X		3C	3
SOC 100	Introduction to Sociology (GT-SS3)	X		3C	3
Select one course from the following:		X			3-4
BZ 101	Humans and Other Animals (GT-SC2)			3A	
LIFE 102	Attributes of Living Systems (GT-SC1)			3A	
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			X	3B	3
Diversity, Equity, and Inclusion (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#diversity-equity-inclusion)			X	1C	3
CO 150 and HDFS 277 must be completed by the end of Semester 2.		X			
Total Credits					15-16

Sophomore

Semester 3		Critical	Recommended	AUCC	Credits
HDFS 250	Introduction to Research Methods	X			3
HDFS 310	Infant and Child Development in Context	X			3
HDFS 334	Family and Parenthood Across the Lifespan	X			3
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			X	3A	3-4

Electives			X		3
Total Credits					15-16
Semester 4		Critical	Recommended	AUCC	Credits
HDFS 311	Adolescent/Early Adult Development in Context	X			3
HDFS 312	Adult Development-Middle Age and Aging	X			3
Select one course from the following:		X			3
CO 300	Writing Arguments (GT-CO3)			2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-CO3)			2	
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Electives			X		3
Total Credits					15
Junior					
Semester 5		Critical	Recommended	AUCC	Credits
HDFS 350	Applied Research Methods	X		4A	3
HDFS 375	Lifespan Intervention and Prevention Science	X			3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Elective			X		5
Total Credits					14
Semester 6		Critical	Recommended	AUCC	Credits
HDFS 402	Couple and Family Studies	X			3
Select one course from the following:		X			1
HDFS 477	HDFS Professional Preparation				
HDFS 478	HDFS Professional Development				
Diversity, Equity, Inclusion & Justice Course (See Department List on Concentration Requirements tab)		X			3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Elective			X		6
Total Credits					16
Senior					
Semester 7		Critical	Recommended	AUCC	Credits
HDFS 434	Risk and Resilience Across the Lifespan	X		4B	3
HDFS 475	Entrepreneurs and Leaders in Human Services	X			3
HDFS 488E	Internship: Leadership	X			5
Electives			X		4-6
HDFS 350 must be completed by the end of Semester 7.		X			
Total Credits					16
Semester 8		Critical	Recommended	AUCC	Credits
HDFS 492	Capstone–Evidence-Based Program Proposals	X		4C	3
Leadership & Advocacy Concentration Course (See Department List on Concentration Requirements tab)		X			3
Electives			X		6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.		X			
Total Credits					12
Program Total Credits:					120