

MAJOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES, PREVENTION AND INTERVENTION SCIENCES CONCENTRATION

Human Development and Family Studies is an open-entry major for freshmen. For sophomores and above, students must complete and/or be enrolled in HDFS 101, PSY 100 or SOC 100 in order to declare HDFS. HDFS subject code courses must be completed with a grade of C (2.000) or higher. Background check required prior to participating in the internship course (HDFS 488D) during the senior year. Students will complete a graduation contract with an HDFS Academic Advisor during the first two weeks of the semester in which they are graduating.

Major Completion Map

Distinctive Requirements for Degree Program:

Freshman

Semester 1	Critical	Recommended	AUCC	Credits
CO 150 College Composition (GT-CO2)		X	1A	3
HDFS 101 Individual and Family Development (GT-SS3)	X		3C	3
HDFS 277 Introductory Seminar in HDFS		X		1
1B (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)			1B	3
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			3B	3
Historical Perspectives (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#historical-perspectives)			3D	3

Total Credits

16

Semester 2	Critical	Recommended	AUCC	Credits
Select two courses from the following:	X			6
PSY 100 General Psychology (GT-SS3)			3C	
SOC 100 Introduction to Sociology (GT-SS3)			3C	
SPCM 200 Public Speaking				
Select one course from the following:				3-4
BZ 101 Humans and Other Animals (GT-SC2)		X	3A	
LIFE 102 Attributes of Living Systems (GT-SC1)		X	3A	
1C (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#aucc)			1C	3
Arts and Humanities (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#arts-humanities)			3B	3
CO 150 and HDFS 277 must be completed by the end of Semester 2.	X			

Total Credits

15-16

Sophomore

Semester 3	Critical	Recommended	AUCC	Credits
HDFS 250 Introduction to Research Methods				3
HDFS 310 Infant and Child Development in Context	X			3
HDFS 334 Family and Parenthood Across the Lifespan		X		3
Biological and Physical Sciences (http://catalog.colostate.edu/general-catalog/all-university-core-curriculum/aucc/#biological-physical-sciences)			3A	3-4
Electives				3

Total Credits

15-16

Semester 4	Critical	Recommended	AUCC	Credits
HDFS 311 Adolescent and Emerging Adult Development		X		3
HDFS 312 Adult Development-Middle Age and Aging				3
Select one course from the following:				3
CO 300 Writing Arguments (GT-CO3)			2	

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CO 301B	Writing in the Disciplines: Sciences (GT-C03)		X	2	
CO 301C	Writing in the Disciplines: Social Sciences (GT-C03)		X	2	
Prevention and Intervention Sciences Concentration Course (See Department List on Concentration Requirements tab)					3
Electives					3
Total Credits					15
Junior					
Semester 5		Critical	Recommended	AUCC	Credits
HDFS 350	Applied Research Methods		X	4A	3
HDFS 375	Lifespan Intervention and Prevention Science		X		3
Prevention and Intervention Sciences Concentration Course (See Department List on Concentration Requirements tab)					3
Electives					5
Total Credits					14
Semester 6		Critical	Recommended	AUCC	Credits
HDFS 402	Couple and Family Studies		X		3
Select one course from the following:					1
HDFS 477A	Professional Preparation: Local Internship Placements				
HDFS 477B	Professional Preparation: Distance Internship Placements				
HDFS 478	HDFS Professional Development				
Diversity, Equity, Inclusion & Justice Course (See Department List on Concentration Requirements tab)					3
Prevention and Intervention Sciences Concentration Courses (See Department List on Concentration Requirements tab)					3
Elective					6
Total Credits					16
Senior					
Semester 7		Critical	Recommended	AUCC	Credits
HDFS 434	Risk and Resilience Across the Lifespan			4B	3
HDFS 488D	Internship: Prevention/Intervention Science				4-6
Prevention and Intervention Sciences Concentration Course (See Department List on Concentration Requirements tab)					3
Electives					4-6
HDFS 350 must be completed by the end of Semester 7.		X			
Total Credits					16
Semester 8		Critical	Recommended	AUCC	Credits
HDFS 492	Capstone–Evidence-Based Program Proposals	X		4C	3
Prevention and Intervention Sciences Concentration Course (See Department List on Concentration Requirements tab)					3
Electives					6
The benchmark courses for the 8th semester are the remaining courses in the entire program of study.					
Total Credits					12
Program Total Credits:					120