

MINOR IN HUMAN DEVELOPMENT AND FAMILY STUDIES

The Human Development and Family Studies minor provides students across all majors with an opportunity to select course work relevant to their career goals. Students will learn about human development at various stages of the lifespan, within the context of diverse families and social identities. This minor offers students the opportunity to expand their thinking about how relationships, family, culture, biological make-up, and environmental factors influence outcomes related to thinking skills, physical health, and social-emotional well-being across the life cycle. Students will gain an awareness of how to optimize their own and other's development in their careers and personal lives. The HDFS department is committed to promoting the success and well-being of students from heterogeneous backgrounds and experiences.

Learning Outcomes

Upon successful completion of the Minor in Human Development and Family Studies, students will have:

1. Foundational knowledge of human development within the context of diverse families, social identities, and environmental influences.
2. Knowledge and skills for optimizing the development, health and well-being of individuals and families relevant to their field(s) of interest.

Learn more about the Minor in Human Development and Family Studies on the Department of Human Development and Family Studies website. (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/>)

Requirements Effective Fall 2023

Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- & 400-level) credits. Additional courses may be required due to prerequisites.

Courses from this list may not double-count for the Gerontology Interdisciplinary Minor.

A minimum grade of C (2.000) is required in each course used to satisfy the requirements of the Minor in Human Development and Family Studies. Courses used as substitutions also require a minimum grade of C (2.000).

Code	Title	Credits
Required Course:		
HDFS 101	Individual and Family Development (GT-SS3)	3
Electives:		
Select a minimum of 18 credits from the following (a minimum of 12 credits must be 300-level or higher):		18
HDFS 201	Perspectives in Gerontology	
HDFS 217	Creative Experiences for Children	
HDFS 250	Introduction to Research Methods	
HDFS 286	Practicum	

HDFS 310	Infant and Child Development in Context	
HDFS 311	Adolescent/Early Adult Development in Context	
HDFS 312	Adult Development-Middle Age and Aging	
HDFS 315	Disability across the Lifespan and Culture	
HDFS 317	Disabilities in Early Childhood Education	
HDFS 318	Infancy and Toddlerhood	
HDFS 332	Death, Dying, and Grief	
HDFS 334	Family and Parenthood Across the Lifespan	
HDFS 350	Applied Research Methods	
HDFS 375	Lifespan Intervention and Prevention Science	
HDFS 402	Couple and Family Studies	
HDFS 403	Families in the Legal Environment	
HDFS 404	Child Life Theory and Practice	
HDFS 410	Promoting Early Socioemotional Development	
HDFS 411	Developmental Transitions in Adolescence	
HDFS 412	Mental and Physical Health in Adulthood	
HDFS 434	Risk and Resilience Across the Lifespan	
HDFS 439	Administration of Early Childhood Programs	
HDFS 445/ FSHN 445	Early Childhood Health, Safety, and Nutrition	
HDFS 470A	Campus Connections—Mentoring At-Risk Youth: Youth Mentor	
HDFS 475	Leadership and Advocacy in Human Services	
HDFS 484	Supervised College Teaching	
HDFS 498A	Research: Human Development	
HDFS 498B	Research: Family Studies	
Program Total Credits		21