DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES

Office in Behavioral Sciences Building, Room 303
(970) 491-5558

www.chhs.colostate.edu/hdfs

Professor Julie Braungart-Rieker, Department Head

Undergraduate Majors

- Major in Early Childhood Education (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/early-childhood-education-major/)
- Pre-Health Professions Concentration (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-pre-health-professions-concentration/)
- Prevention and Intervention Sciences Concentration
- Early Childhood Professions Concentration
- Human Development and Family Studies Concentration
- Leadership and Entrepreneurial Professions Concentration
- Pre-Health Professions Concentration
- Prevention and Intervention Sciences Concentration

Certificate

- Youth Mentoring with Campus Connections (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/certificate-youth-mentoring-campus-connections/)

Online Degree Programs

The major in Human Development and Family Studies (HDFS) is offered in two formats, both leading to a Bachelor of Science degree. We offer classes to on-campus degree-seeking students and we offer distance students the HDFS degree through CSU Online (http://www.online.colostate.edu/degrees/hdfs/). The major in Human Development and Family Studies offered through CSU Online provides a flexible, convenient, and accessible format for busy, working, or distance students. The online program of study is the same as the on-campus version, is fully accredited, and is indistinguishable on student transcripts and diplomas from the on-campus version. The Gerontology Interdisciplinary Minor and courses required to pursue a variety of certifications are also available online.

Accelerated Program

The major in Human Development and Family Studies includes an accelerated program option (https://provost.colostate.edu/accelerated-programs/) for students to graduate on a faster schedule. Accelerated Programs typically include 15-16 credits each fall and spring semester for three years, plus 6-9 credits over two to three summer sessions (https://summer.colostate.edu/acceleratedprograms/). Students who enter CSU with prior credit (AP, IB, transfer, etc.) may use applicable courses to further accelerate their graduation. Visit the Office of the Provost website for additional information about Accelerated Programs (https://provost.colostate.edu/accelerated-programs/).

Gerontology Interdisciplinary Minor

The Gerontology Interdisciplinary Minor is housed in HDFS and is available on-campus as well as online. The Gerontology Interdisciplinary Minor offers students the opportunity to earn an undergraduate minor in gerontology with training across multiple disciplines. The Gerontology Interdisciplinary Minor prepares students to work in a variety of fields where it is critical to understand the aging process, including the biological, psychological and social aspects of adult development and aging. Admission is ongoing throughout the year. The full program may be found under University-Wide Instructional Programs (http://catalog.colostate.edu/general-catalog/university-wide-programs/interdisciplinary-studies/).

Graduate

Graduate Programs in Human Development and Family Studies

The Department of Human Development and Family Studies (HDFS) offers a Master of Science degree with two specializations and one doctoral program in Applied Developmental Science. The focus of the department is on the study of individual and family development across the lifespan; the development, implementation, and evaluation of intervention and prevention programs for individuals and families at risk; and the influence of social institutions such as schools and communities on development. Our graduate programs advance students’
understanding of human behavior and development, as well as enable them to contribute to scholarship and professional practice.

Students interested in graduate work should refer to the Graduate and Professional Bulletin (http://catalog.colostate.edu/general-catalog/graduate-bulletin/) and the Department of Human Development and Family Studies (http://www.hdfs.chhs.colostate.edu/students/). (http://hdfs.chhs.colostate.edu/students/masters/)

**Certificate**

- Prevention Program Planning & Evaluation (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/prevention-program-planning-evaluation/)

**Master's Programs**

There are two specializations offered under the Master of Science in HDFS: Prevention Science and Marriage and Family Therapy. Curricula in both programs include core courses in individual development, family theories, current research and issues in HDFS, and research methods. A research thesis is also required.

- Master of Science in HDFS, Marriage & Family Therapy Specialization (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/plan-a-ms-human-development-family-studies-marriage-therapy-specialization/)

**Ph.D.**

The program in Applied Developmental Science builds upon coursework completed in a master's program, yet allows for more advanced, tailored, and personalized learning. Doctoral training also emphasizes mentorships with faculty in order to apply coursework to research in students' areas of specialization.

- Ph.D. in Applied Developmental Science (http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/applied-developmental-science-phd/)

**Courses**

**Human Development and Family Studies (HDFS)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDFS 101</td>
<td>3 (3-0-0)</td>
<td>Individual and Family Development (GT-SS3)</td>
</tr>
<tr>
<td>HDFS 201</td>
<td>3</td>
<td>Perspectives in Gerontology</td>
</tr>
<tr>
<td>HDFS 217</td>
<td>3</td>
<td>Creative Experiences for Children</td>
</tr>
<tr>
<td>HDFS 160</td>
<td>1</td>
<td>Mentees/First Year Success I</td>
</tr>
<tr>
<td>HDFS 170</td>
<td>1</td>
<td>Mentees/First Year Success II</td>
</tr>
</tbody>
</table>

**Course Registration Information**

- **HDFS 101**: Sections may be offered: Online.
- **HDFS 160**: Consent of instructor. Credit not allowed for both HDFS 160 and HDFS 180A1.
- **HDFS 170**: Consent of instructor. Credit not allowed for both HDFS 170 and HDFS 180A2.

**Course Prerequisites**

- **HDFS 101**: HDFS 101 or PSY 100.
- **HDFS 160 and HDFS 180A1**: HDFS majors and freshman only. Written consent of instructor. Credit not allowed for both HDFS 170 and HDFS 180A2.

**Course Restrictions**

- **HDFS 160**: Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.
- **HDFS 170**: Must be a: Undergraduate.

**Course Restrictions**

- **HDFS 201**: Sections may be offered: Online.
- **HDFS 217**: Sections may be offered: Online.

**Course Grade Mode**

- **HDFS 101**: Traditional.
- **HDFS 160**: S/U Sat/Unsat Only.
- **HDFS 170**: S/U Sat/Unsat Only.

**Course Special Fees**

- **HDFS 101**: No.
- **HDFS 160**: No.
- **HDFS 170**: No.
HDFS 277 Introductory Seminar in HDFS  Credit: 1 (1-0-0)
Course Description: Introduction to human development and family studies field, major and concentration requirements, resources, and career exploration. An inclusive environment to develop and practice the necessary skills to transition to the major and academic expectations of the department and college.
Prerequisite: None.
Registration Information: Human Development and Family Studies or Early Childhood Education majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 286 Practicum-Professional Skills Credits: 3 (1-6-0)
Course Description: Observational and applied experience with children, adolescents, adults, or families. Exploration of professional skills and opportunities.
Prerequisite: HDFS 101.
Registration Information: Must have completed 30 credits; required background check through CBI, FBI; major in Human Development and Family Studies or Early Childhood Education only. Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 310 Infant and Child Development in Context Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development from birth through middle childhood in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 311 Adolescent/Early Adult Development in Context Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development of adolescents and young adults in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 312 Adult Development-Middle Age and Aging Credits: 3 (3-0-0)
Course Description: Developmental issues and processes pertaining to middle and later adulthood. Contexts in which adult development and aging occur are emphasized.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 315 Disability across the Lifespan and Culture Credits: 3 (3-0-0)
Course Description: Use of interdisciplinary perspective to understand individuals who have disabling conditions relevant to careers in health, educational, rehabilitation, and human service professions. Causes, outcomes, and intervention of commonly occurring disabilities and health conditions (e.g., congenital disabilities, diabetes, spinal cord injuries).
Prerequisite: HDFS 101.
Registration Information: Sophomore standing. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 317 Disabilities in Early Childhood Education Credits: 3 (3-0-0)
Course Description: Recommended practices for fostering development of young children with disabilities. Knowledge of atypical development in early childhood (birth through grade 3). Practices for assessment, intervention, adapted instruction and materials, and inclusive environments to facilitate children's attainment of educational goals.
Prerequisite: HDFS 310.
Registration Information: Sophomore standing. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 318 Infancy and Toddlerhood Credits: 3 (3-0-0)
Course Description: Physical, cognitive, linguistic, and socio-emotional development from pre-birth through 36 months, with an emphasis on applied settings.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 332 Death, Dying, and Grief Credits: 3 (3-0-0)
Course Description: Developmental processes of death and dying related to the dying individuals and their families and for human service agencies.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 334 Family and Parenthood Across the Life Cycle Credits: 3 (3-0-0)
Course Description: Parenthood as a developmental process and in the context of family relationships throughout the life cycle.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 350 Applied Research Methods Credits: 3 (2-2-0)
Course Description: Interpret, apply, and write about research findings in human development.
Prerequisite: (HDFS 101 or PSY 100) and (STAT 201 or STAT 301).
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 360  Leadership Through Peer Mentoring I Credit: 1 (0-2-0)
Course Description: Mentorship experiences for human development and family studies students to support their successful transition to the university and department.
Prerequisite: None.
Restrictions: Must not be a: Freshman, Sophomore. Must be a: Undergraduate.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. May be repeated up to two times for credit.
Term Offered: Fall.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 370  Leadership Through Peer Mentoring II Credit: 1 (0-2-0)
Course Description: Leadership through one-to-one peer mentoring relationships with first-year Human Development and Family Studies students to support their successful transition to the university and department. Explore intersecting identities, university resources, professional skill development, and community service through the mentoring relationship.
Prerequisite: HDFS 360.
Restrictions: Must not be a: Freshman, Sophomore. Must be a: Undergraduate.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. May be repeated up to two times for credit.
Term Offered: Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 375  Lifespan Intervention and Prevention Science Credits: 3 (3-0-0)
Course Description: Intervention and prevention approaches and skills to improve the health, mental health, and well-being of families and individuals across the lifespan.
Prerequisite: HDFS 310 and HDFS 311.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 402  Couple and Family Studies Credits: 3 (3-0-0)
Course Description: Theory and research concerning couple and family processes; social contexts in which couples and families change over time.
Prerequisite: HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 403  Families in the Legal Environment Credits: 3 (3-0-0)
Course Description: The intersection of individuals, children, families and the legal system, including the balance between the right to privacy and government intervention, and social disparities in the legal system. Topics include: establishing the legal parent relationship, adoption, the rights of children and parents, marriage, divorce, dependency and neglect, family violence, disability and estate planning, juvenile delinquency, legalities of gender, and landlord/tenant and housing policy.
Prerequisite: None.
Registration Information: Completion of 60 credits. Sections may be offered: Online. Required field trips.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 404  Child Life Theory and Practice Credits: 3 (3-0-0)
Course Description: Theories and skills related to effective child life practice in hospitals.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 410  Promoting Early Socioemotional Development Credits: 3 (3-0-0)
Course Description: Social and emotional development in children ages 3-8: atypical and typical development, developmental theories and models, risk and protective factors, evidence-based programs, and empirically validated teaching strategies for preventing challenging behaviors and fostering adaptive social skills and emotion regulation.
Prerequisite: HDFS 310 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 411  Developmental Transitions in Adolescence Credits: 3 (3-0-0)
Course Description: Examination of biological, socioemotional, cognitive, and behavioral changes during adolescence.
Prerequisite: HDFS 311 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 412  Mental and Physical Health in Adulthood Credits: 3 (3-0-0)
Course Description: Mental and physical health of adults, contextual factors of development, and implications for prevention, intervention, and public health planning.
Prerequisite: HDFS 312 and HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 434 Risk and Resilience Across the Lifespan  Credits: 3 (3-0-0)
Course Description: Why some individuals are at high risk for poor developmental outcomes, and why certain individuals fare well despite such risks or adversities. Strong developmental emphasis because resilience is viewed as a process, the results of which may not be manifest for years. There is an ecological emphasis because protective and vulnerability factors often reside in families, schools, neighborhoods.
Prerequisite: HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 439 Administration of Early Childhood Programs  Credits: 3 (3-0-0)
Course Description: Center administration related to program development and operations, budgeting, state regulations and licensing, and personnel issues.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 445 Early Childhood Health, Safety, and Nutrition  Credits: 3 (0-0-3)
Also Offered As: FSHN 445.
Course Description: Planning, promoting and maintaining healthy lifestyle and safe learning environment for preschool children.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Offered as an online course only. Credit not allowed for both FSHN 445 and HDFS 445.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470A Campus Connections—Mentoring At-Risk Youth: Youth Mentor  Credits: 3 (0-4-2)
Course Description: Service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470B Campus Connections—Mentoring At-Risk Youth: Mentor Coach  Credits: 3 (0-4-2)
Course Description: Serve as mentor coach in a service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: HDFS 470 or HDFS 470A.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470C Campus Connections—Mentoring At-Risk Youth: Program Administration  Credits: 3 (0-4-2)
Course Description: Provide administrative support to a service-learning program for local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 475 Entrepreneurs and Leaders in Human Services  Credits: 3 (3-0-0)
Course Description: Skills and knowledge about leadership and entrepreneurship in areas pertinent to human development and family studies, as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 477 HDFS Professional Preparation Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure an internship.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Completion of 60 credits. Human Development and Family Studies majors only. Sections may be offered: Online. Credit not allowed for both HDFS 477 and HDFS 478.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 478 HDFS Professional Development Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Understand the skills and attributes required to become a successful HDFS professional.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Completion of 60 credits. Written consent of instructor. Human Development and Family Studies majors only. Sections may be offered: Online. Credit not allowed for both HDFS 477 and HDFS 478.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 484 Supervised College Teaching  Credits: Var[1-3] (0-0-0)
Course Description: 
Prerequisite: None.
Registration Information: A maximum of 10 combined credits for all 384 and 484 courses are counted towards graduation requirements.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 488A Internship: Human Development and Family Studies  Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488B Internship: Early Childhood Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488C Internship: Pre-Health Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488D Internship: Prevention/Intervention Science Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488E Internship: Leadership/Entrepreneurship Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 489 Capstone--Evidence-Based Program Proposals Credits: 3 (0-0-3)
Course Description: Research, development, and oral presentations of evidence-based prevention or intervention program proposals from a contextual and developmental perspective.
Prerequisite: HDFS 350.
Registration Information: Major in Human Development and Family Studies or Early Childhood Education. Completion of 90 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 493 Specialized Seminar Credits: 3 (0-0-3)
Course Description: Advanced study of theory, research, and application in a specialized area.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495A Independent Study: Human Development Credits: Var[1-18] (0-0-0)
Course Description: 
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 495B Independent Study: Family Studies  Credits: Var[1-18] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.

HDFS 495C Independent Study: Early Childhood Education Credits: Var[1-18] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.

HDFS 497A Group Study: Peer Advising  Credits: Var[1-3] (0-0-0)  
Course Description: Serve as an active member of the Peer Advising Team by providing assistance to undergraduate students and support to the HDFS advisors to enhance the services provided by the HDFS Undergraduate Advising Office.  
Prerequisite: None.  
Registration Information: Written consent of department required.  
Terms Offered: Fall, Spring.  
Grade Modes: S/U within Student Option, Trad within Student Option.  
Special Course Fee: No.

HDFS 497B Group Study: Undergraduate Outreach and Leadership Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.

HDFS 497C Group Study: Student Respect/Wellness Education Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.

HDFS 497D Group Study: Asian/Pacific American Cultural Center Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.

HDFS 497E Group Study: Rites of Passage Mentoring Program  Credit: 1 (0-0-1)  
Course Description: Peer mentoring, assisting with a retreat for incoming first year students, attending seminars/community building forums, community service involvement, providing academic resource information, and leadership development. The goal of this course is to improve the academic performance and retention rate of African American first-year and transfer students.  
Prerequisite: None.  
Registration Information: Written consent of instructor.  
Terms Offered: Fall, Spring.  
Grade Mode: Instructor Option.  
Special Course Fee: No.

HDFS 497F Group Study: Honors Human Development Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: Instructor Option.  
Special Course Fee: No.

HDFS 497G Group Study: Human Development Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student’s concentration. Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.

HDFS 498A Research: Human Development Credits: Var[1-3] (0-0-0)  
Course Description: Independent research project presented to a faculty committee.  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.

HDFS 499 Thesis Credits: Var[1-6] (0-0-0)  
Course Description: Independent research project presented to a faculty committee.  
Prerequisite: None.  
Registration Information: Written consent of department chair.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.
HDFS 500 Issues in Human Development & Family Studies Credits: 3 (2-3-0)
Course Description: A selected, broad issue in human development and family studies emphasizing principles of research.
Prerequisite: None.
Registration Information: Must register for lecture and laboratory.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 505 Human Development for Helping Professionals Credits: 3 (3-0-0)
Course Description: An advanced overview of lifespan development, focusing on wellness promotion and developmental influences on case conceptualization and treatment.
Prerequisite: None.
Registration Information: Graduate standing or written consent of instructor. This is a partial semester course. Offered as an online course only.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 515 Family Systems and Psychopathology Credits: 3 (3-0-0)
Course Description: Assessment and diagnosis of mental illness within the context of family systems.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 520 Family Therapy Practice: Treatment Planning Credits: 3 (1-2-1)
Course Description: Integration of family/couple therapy theories and practice related to treatment planning and internal family systems therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 521 Family Therapy Practice: Common Factors Credits: 3 (1-2-1)
Course Description: Application of common factors - e.g., therapeutic alliance - in family and couple therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program. Must register for lecture, laboratory, and recitation.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 524 Family Studies Credits: 3 (2-0-1)
Course Description: Major theories and content areas in the field of family studies with an emphasis on family diversity.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Graduate standing. Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 534 Marriage and Family Therapy Credits: 3 (3-0-0)
Course Description: Theories and techniques.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 545 Program Evaluation Methods and Statistics Credits: 3 (3-0-0)
Course Description: Introduction to program evaluation methods, empirical research, data analysis, and interpretation in prevention science.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Graduate standing. This is a partial semester course. Offered as an online course only.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 549 Research Methods I Credits: 3 (3-0-0)
Course Description: Introduction to empirical research, data analysis, and interpretation in Human Development and Family Sciences.
Prerequisite: None.
Registration Information: Required: 3 credits of STAT; 3 credits of upper division behavioral sciences.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 550 Research Methods II Credits: 3 (3-0-0)
Course Description: Research strategies and ethical considerations.
Prerequisite: HDFS 549.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 590A Workshop: Human Development Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 590B Workshop: Family Studies Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 592 Grant Writing--Research/Program Development Credits: 3 (1-0-2)
Course Description: Foundational skills underlying grantsmanship for human services professionals in research, community-based programming, and training or professional development. Interactive development of skills to seek funding, think critically, write technically, and work and plan collaboratively in order to develop strong grant proposals across varying contexts.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 593 Seminar--Human Services Leadership Credit: 1 (0-0-1)
Course Description: Investigates issues relevant to human development and family studies, such as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: None.
Registration Information: Junior standing. Admission in a graduate program at Colorado State University or consent of instructor. Must have concurrent registration in HDFS 475. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 600 Professional Development Seminar Credit: 1 (0-0-1)
Course Description: Essential professional development topics in the social sciences. Prepare and apply for a variety of post-graduate positions.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: May be repeated multiple times.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 607 Prevention Science Across the Lifespan Credits: 3 (2-0-1)
Course Description: Theory, methods, interventions, and standards of evidence in preventing mental, emotional, and behavioral disorders.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Terms Offered: Fall, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 608 Program Planning and Implementation Credits: 3 (2-2-0)
Course Description: Design or adapt research-based prevention programs from a family-centered, developmentally appropriate perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 609 Prevention Program Evaluation Credits: 3 (3-0-0)
Course Description: Concepts and practices of program evaluation in prevention science.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 610 Risk and Resilience Credits: 3 (3-0-0)
Course Description: Factors influencing risk for poor developmental outcomes and resilience despite risks or adversities. Risk and resilience are presented as developmental processes influenced by ecological factors residing in families, schools, and neighborhoods.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 611 Early Child Development Credits: 3 (3-0-0)
Course Description: Review of key theoretical approaches and empirical research pertaining to the developmental period of adolescence using a multidisciplinary framework for understanding the many different and important facets of adolescent health.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 612 Adolescent Development and Aging Credits: 3 (2-0-1)
Course Description: Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 613 Adult Development and Aging Credits: 3 (2-0-1)
Course Description: Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 620  Family Therapy Practice: Addictions  Credits: 3 (1-2-1)
Course Description: Application of marriage and family therapy theories to clinical practice with a focus on addiction and self-of-the-therapist.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 621  Family Therapy Practice: Topics in Sexuality  Credits: 3 (1-2-1)
Course Description: Integration of family therapy theories and practice related to topics in sexuality, termination and referral, and one’s personal theory of change.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 624  Skills and Techniques in Family Therapy  Credits: 3 (3-0-0)
Course Description: Elaboration of techniques and therapy skills based on theory and research.
Prerequisite: HDFS 534.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 636  Aging and the Family  Credits: 3 (3-0-0)
Course Description: Theory and research relating to topics on aging during middle and late years of family life cycle.
Prerequisite: HDFS 300 to 481 - at least 1 course.
Restriction: Must be a: Graduate, Professional.
Registration Information: One course in adult development or 6 credits of upper-division behavioral science.
Term Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 644  Foundations in Family Therapy  Credits: 3 (3-0-0)
Course Description: Contemporary research and treatment strategies for parenting problems, family violence, and substance abuse.
Prerequisite: HDFS 534.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Summer (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 650  Multivariate Research Methods  I  Credits: 3 (2-0-1)
Course Description: Statistical concepts and analysis.
Prerequisite: HDFS 550.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 676  Professional Skills Development  Credits: 3 (3-0-0)
Course Description: Fundamental skills of marriage and family therapy; clinic procedures; case assessment, planning, and management.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 677  Ethical and Legal Issues  Credits: 3 (0-0-3)
Course Description: Ethical and legal issues in field of human development and family studies.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 684  Supervised College Teaching  Credits: Var[1-18] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686A  Practicum: Human Development  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686D  Practicum: Developmental Assessment  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
<th>Course Description</th>
<th>Prerequisite</th>
<th>Restriction</th>
<th>Terms Offered</th>
<th>Grade Mode</th>
<th>Special Course Fee</th>
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<tbody>
<tr>
<td>HDFS 686E</td>
<td>Practicum: Early Childhood Education</td>
<td>Var[1-15]</td>
<td>Application of human development skills in a variety of professional settings.</td>
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<td>Fall, Spring, Summer</td>
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<td>HDFS 687A</td>
<td>Internship: Human Development</td>
<td>Var[1-18]</td>
<td>Application of advanced human development skills in professional settings.</td>
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<td>Fall, Spring, Summer</td>
<td>Instructor Option</td>
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<tr>
<td>HDFS 687B</td>
<td>Internship: Family Studies</td>
<td>Var[1-18]</td>
<td>Application of advanced human development skills in professional settings.</td>
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<td>Fall, Spring, Summer</td>
<td>Instructor Option</td>
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<tr>
<td>HDFS 687C</td>
<td>Internship: Marriage and Family Therapy</td>
<td>Var[1-18]</td>
<td>Application of advanced human development skills in professional settings.</td>
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<td>Fall, Spring, Summer</td>
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<td>HDFS 692A</td>
<td>Family Issues: Intimacy and Human Sexuality</td>
<td>3</td>
<td>Current issues in the family with implications for intervention, therapy, and policy.</td>
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<td>Summer (odd years)</td>
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<td>HDFS 692B</td>
<td>Family Issues: Parenting</td>
<td>3</td>
<td>Current issues in the family with implications for intervention, therapy, and policy.</td>
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<td>Traditional</td>
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<tr>
<td>HDFS 692C</td>
<td>Family Issues: Family Policy and Programming</td>
<td>3</td>
<td>Current issues in the family with implications for intervention, therapy, and policy.</td>
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<td>Traditional</td>
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<td>HDFS 692D</td>
<td>Family Issues: Contemporary Family Issues</td>
<td>3</td>
<td>Current issues in the family with implications for intervention, therapy, and policy.</td>
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<td>Traditional</td>
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<td>HDFS 695A</td>
<td>Independent Study: Human Development</td>
<td>Var[1-18]</td>
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<td>Instructor Option</td>
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<td>HDFS 695B</td>
<td>Independent Study: Family Studies</td>
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<td>HDFS 695C</td>
<td>Independent Study: Early Childhood Education</td>
<td>Var[1-18]</td>
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<td>HDFS 697</td>
<td>Group Study</td>
<td>Var[1-6]</td>
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<td>Fall, Spring, Summer</td>
<td>Instructor Option</td>
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</tbody>
</table>
HDFS 698A  Research: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: Theories of applied developmental science and implications for intervention and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 698B  Research: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 699  Thesis  Credits: Var[1-18] (0-0-0)
Course Description: Applications of multivariate methods to research in applied developmental science.
Prerequisite: HDFS 650.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 710  Theories of Applied Developmental Science  Credits: 3 (3-0-0)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 750  Multivariate Research Methods II  Credits: 3 (2-0-1)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 650.
Restriction: Must be a: Graduate, Professional.
Registration Information: Written consent of instructor.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792A  Seminar: Lifespan Socioemotional Development  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792B  Seminar: Lifespan Cognitive Development  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792C  Seminar: Special Topics  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 799  Dissertation  Credits: Var[1-18] (0-0-0)
Course Description: Preparation for dissertation research.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.