Courses

Human Development and Family Studies (HDFS)

HDFS 101  Individual and Family Development (GT-SS3)  Credits: 3 (3-0-0)
Course Description: Principles of life-span human development in the context of the family. Theory and research on the influence of family systems on individuals.
Prerequisite: None.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

Additional Information: Opportunities to observe individuals/families throughout the lifespan and apply knowledge gained from prior coursework in human development and family studies.

HDFS 160  Mentees/First Year Success I  Credit: 1 (0-2-0)
Course Description: Mentoring course for first-year underrepresented HDFS students to support successful transition to the university and department through one-to-one peer mentoring with upper class HDFS student, and participation in community activities.
Prerequisite: None.
Registration Information: HDFS majors and freshman only. Written consent of instructor. Credit not allowed for both HDFS 160 and HDFS 180A1.
Term Offered: Fall.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 170  Mentees/First Year Success II  Credit: 1 (0-2-0)
Course Description: Mentoring course that supports successful transition to the university through one-to-one peer mentoring with upper class HDFS students and participation in community activities.
Prerequisite: None.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 101 or PSY 100.

HDFS 201  Perspectives in Gerontology  Credits: 3 (3-0-0)
Course Description: Multidisciplinary perspectives on a variety of issues in human aging; exploration of careers in gerontology; service-learning with older adults; emphasis on applied gerontology.
Prerequisite: HDFS 101 or PSY 100 or SOC 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 201  Perspectives in Gerontology  Credits: 3 (3-0-0)
Course Description: Multidisciplinary perspectives on a variety of issues in human aging; exploration of careers in gerontology; service-learning with older adults; emphasis on applied gerontology.
Prerequisite: HDFS 101 or PSY 100 or SOC 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 217  Creative Experiences for Children  Credits: 3 (2-0-1)
Course Description: Theories of play and creativity as the foundation for examining the role of interdisciplin ary interests (arts, music, literature, science, math) in early childhood development. Exploration of creative techniques appropriate for young children (ages 0-8 years) and how these strategies enhance the child’s self-expression, creativity, and development in educational, medical, and therapeutic settings. Exploration of curriculum cycle: observation, planning, implementation, reflection, and feedback.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 250  Introduction to Research Methods  Credits: 3 (3-0-0)
Course Description: Interpret, describe, and appraise research in human development and family studies.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 275  Foundational Helping Skills  Credits: 3 (3-0-0)
Course Description: Introduction to helping skills and roles of helping professionals. Exploration of ethical practices, including boundaries, scope of practice, and collaboration as well as the impact of culture, bias, and equity in working with individuals, couples, and families.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 277  Introductory Seminar in HDFS  Credit: 1 (1-0-0)
Course Description: Introduction to human development and family studies field, major and concentration requirements, resources, and career exploration. An inclusive environment to develop and practice the necessary skills to transition to the major and academic expectations of the department and college.
Prerequisite: None.
Registration Information: Human Development and Family Studies or Early Childhood Education majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 286  Practicum  Credits: 3 (0-0-6)
Course Description: Career exploration and community placement opportunities to observe individuals/families throughout the lifespan and apply knowledge gained from prior coursework in human development and family studies.
Prerequisite: HDFS 101.
Registration Information: Required background check through CBI, FBI. Offered as an online course only.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 310 Infant and Child Development in Context Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development from birth through middle childhood in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 311 Adolescent/Early Adult Development in Context Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development of adolescents and young adults in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 312 Adult Development-Middle Age and Aging Credits: 3 (3-0-0)
Course Description: Developmental issues and processes pertaining to middle and later adulthood. Contexts in which adult development and aging occur are emphasized.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 315 Disability across the Lifespan and Culture Credits: 3 (3-0-0)
Course Description: Use of interdisciplinary perspective to understand individuals who have disabling conditions relevant to careers in health, educational, rehabilitation, and human service professions. Causes, outcomes, and intervention of commonly occurring disabilities and health conditions (e.g., congenital disabilities, diabetes, spinal cord injuries).
Prerequisite: HDFS 101.
Registration Information: Sophomore standing. Sections may be offered: Online.
Terms Offered: Fall. 
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 317 Disabilities in Early Childhood Education Credits: 3 (3-0-0)
Course Description: Developmental and learning outcomes in young children with disabilities 0-8 years in the early childhood education context. Examine atypical development, inclusive education, strategies and intervention, and family partnerships relevant to early interventionists, educators, and related services, such as occupational therapy, physical therapy, speech-language pathology, music therapy, and applied behavioral analysis.
Prerequisite: HDFS 310.
Registration Information: Sophomore standing. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 318 Infancy and Toddlerhood Credits: 3 (3-0-0)
Course Description: Physical, cognitive, language, and socio-emotional development from pre-birth through 36 months, with an emphasis on applied settings.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 332 Death, Dying, and Grief Credits: 3 (3-0-0)
Course Description: Developmental processes of death and dying related to the dying individuals and their families and for human service agencies.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 334 Family and Parenthood Across the Lifespan Credits: 3 (3-0-0)
Course Description: Practical, theoretical, and empirical information on the dynamics of family and parenthood across the lifespan. Emphasis on understanding how families and parents in diverse ecological and social contexts experience their roles and relationships. Exploration of factors that contribute to risk as well as evidence-based practices to support and enhance family systems and parents.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sophomore standing. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 335 Applied Research Methods Credits: 3 (2-2-0)
Course Description: Analyze, interpret, apply, and write about research findings in human development.
Prerequisite: (HDFS 101 or PSY 100) and (STAT 201 or STAT 301).
Registration Information: Completion of 60 credits. Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 360 Leadership Through Peer Mentoring I Credit: 1 (0-2-0)
Course Description: Mentoring HDFS students in one-to-one peer mentoring with first-year, underrepresented HDFS students to support their successful transition to the university and department.
Prerequisite: None.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. Students must complete an application and be admitted into the program to register. May be repeated up to two times for credit.
Term Offered: Fall.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 370  Leadership Through Peer Mentoring II  Credit: 1 (0-2-0)
Course Description: Leadership through one-to-one peer mentoring relationships with first-year Human Development and Family Studies students to support their successful transition to the university and department. Explore intersecting identities, university resources, professional skill development, and community service through the mentoring relationship.
Prerequisite: HDFS 360.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. May be repeated up to two times for credit.
Term Offered: Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 375  Lifespan Intervention and Prevention Science  Credits: 3 (3-0-0)
Course Description: Intervention and prevention approaches and skills to improve the health, mental health, and well-being of families and individuals across the lifespan.
Prerequisite: HDFS 310 and HDFS 311.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 402  Couple and Family Studies  Credits: 3 (3-0-0)
Course Description: Theory and research concerning couple and family processes; social contexts in which couples and families change over time.
Prerequisite: HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 410  Promoting Early Socioemotional Development  Credits: 3 (3-0-0)
Course Description: Social and emotional development in children ages 3-8: atypical and typical development, developmental theories and models, risk and protective factors, evidence-based programs, and empirically validated teaching strategies for preventing challenging behaviors and fostering adaptive social skills and emotion regulation.
Prerequisite: HDFS 310 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 411  Developmental Transitions in Adolescence  Credits: 3 (3-0-0)
Course Description: Examination of biological, socio-emotional, cognitive, and behavioral changes during adolescence.
Prerequisite: HDFS 311 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 412  Mental and Physical Health in Adulthood  Credits: 3 (3-0-0)
Course Description: Mental and physical health of adults, contextual factors of development, and implications for prevention, intervention, and public health planning.
Prerequisite: HDFS 312.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 434  Risk and Resilience Across the Lifespan  Credits: 3 (3-0-0)
Course Description: Why some individuals are at high risk for poor developmental outcomes, and why certain individuals fare well despite such risks or adversities. Strong developmental emphasis because resilience is viewed as a process, the results of which may not be manifest for years. There is an ecological emphasis because protective and vulnerability factors often reside in families, schools, neighborhoods.
Prerequisite: HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 445  Early Childhood Health, Safety, and Nutrition  Credits: 3 (0-0-3)
Also Offered As: FSHN 445.
Course Description: Planning, promoting and maintaining healthy life style and safe learning environment for preschool children. Nutrition, first aid and safety, physical activity, identifying and reporting abuse, prevention and management of acute illness and chronic disease and promotion of a high-quality indoor and outdoor environment, targeted for the early childhood education professional.
Prerequisite: None.
Registration Information: Written consent of instructor. Must complete for graduation. May be taken concurrently.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 470A  Campus Connections—Mentoring At-Risk Youth: Youth Mentor  Credits: 3 (0-4-2)
Course Description: Service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470B  Campus Connections—Mentoring At-Risk Youth: Mentor Coach  Credits: 3 (0-4-2)
Course Description: Serve as mentor coach in a service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: HDFS 470 or HDFS 470A.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470C  Campus Connections—Mentoring At-Risk Youth: Program Administration  Credits: 3 (0-4-2)
Course Description: Provide administrative support to a service-learning program for local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 475  Leadership and Advocacy in Human Services  Credits: 3 (2-0-1)
Course Description: Theory and research on leadership as applied to professional communication and decision-making in human services settings. Qualities, responsibilities, and ethical standards essential for successful leadership. Theories and practices related to advocacy including identification of areas of inequality and opportunities for advocacy as human service professionals. Applicable to students pursuing a variety of careers in healthcare, education, human services, and social entrepreneurship.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 60 credits. Must register for lecture and recitation. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 477A  Professional Preparation: Local Internship Placements  Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure own internship for students seeking a local internship, selecting from a list of pre-approved internship sites within 30 miles of the CSU Fort Collins campus.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Human Development and Family Studies majors only. Offered as an online course only. Credit not allowed for both HDFS 477A and HDFS 478.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 477B  Professional Preparation: Distance Internship Placements  Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure own internship site more than 30 miles outside of Fort Collins.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Human Development and Family Studies majors only. Offered as an online course only. Credit not allowed for both HDFS 477B and HDFS 478.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 484 Supervised College Teaching  Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Registration Information: A maximum of 10 combined credits for all 384 and 484 courses are counted towards graduation requirements.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 488A Internship: Human Development and Family Studies  Credits: Var[4-6] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477A or HDFS 477B.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488B Internship: Early Childhood  Credits: Var[4-6] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477A or HDFS 477B.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488C Internship: Pre-Health  Credits: Var[4-6] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477A or HDFS 477B.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488D Internship: Prevention/Intervention Science  Credits: Var[4-6] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477A or HDFS 477B.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488E Internship: Leadership  Credits: Var[4-6] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477A or HDFS 477B or HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 492 Capstone--Evidence-Based Program Proposals  Credits: 3 (0-0-3)
Course Description: Research, development, and oral presentations of evidence-based prevention or intervention program proposals from a contextual and developmental perspective.
Prerequisite: HDFS 350.
Registration Information: Major in Human Development and Family Studies or Early Childhood Education. Completion of 90 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 493 Specialized Seminar  Credits: 3 (0-0-3)
Course Description: Advanced study of theory, research, and application in a specialized area.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495A Independent Study: Human Development  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 495B Independent Study: Family Studies  
Credits: Var[1-18] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 495C Independent Study: Early Childhood Education  
Credits: Var[1-18] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 495A Independent Study: Social and Human Development  
Credits: Var[1-18] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 497A Group Study: Peer Advising  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U within Student Option, Trad within Student Option.  
Special Course Fee: No.  

HDFS 497B Group Study: Undergraduate Outreach and  
Leadership  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.  

HDFS 497C Group Study: Student Respect/Wellness Education  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.  

HDFS 497D Group Study: Asian/Pacific American Cultural  
Center  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.  

HDFS 497E Group Study: Rites of Passage Mentoring Program  
Credits: 1 (0-0-1)  
Course Description: Peer mentoring, assisting with a retreat for  
incoming first year students, attending seminars/community building  
forums, community service involvement, providing academic resource  
information, and leadership development. The goal of this course is  
to improve the academic performance and retention rate of African  
American first-year and transfer students.  
Prerequisite: None.  
Registration Information: Written consent of instructor.  
Terms Offered: Fall, Spring.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 497F Group Study: Honors Human Development  
Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety  
of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A  
maximum of 3 credits may count toward a student's concentration.  
Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.  

HDFS 497G Group Study: Student Development  
Credits: Var[1-3] (0-0-0)  
Course Description: Application of human development skills in a variety  
of settings.  
Prerequisite: None.  
Registration Information: Written consent of department required. A  
maximum of 3 credits may count toward a student's concentration.  
Course may be repeated up to nine times for elective credit.  
Terms Offered: Fall, Spring.  
Grade Mode: S/U Sat/Unsat Only.  
Special Course Fee: No.  

HDFS 498A Research: Human Development  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 498B Research: Family Studies  
Credits: Var[1-3] (0-0-0)  
Course Description:  
Prerequisite: None.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.  

HDFS 499 Thesis  
Credits: Var[1-6] (0-0-0)  
Course Description: Independent research project presented to a faculty  
committee.  
Prerequisite: None.  
Registration Information: Written consent of department chair.  
Terms Offered: Fall, Spring, Summer.  
Grade Mode: Instructor Option.  
Special Course Fee: No.
HDFS 500 Issues in Human Development & Family Studies  Credits: 3 (2-3-0)
Course Description: A selected, broad issue in human development and family studies emphasizing principles of research.
Prerequisite: None.
Registration Information: Must register for lecture and laboratory.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 505 Human Development for Helping Professionals  Credits: 3 (3-0-0)
Course Description: An advanced overview of lifespan development, focusing on wellness promotion and developmental influences on case conceptualization and treatment.
Prerequisite: None.
Registration Information: Graduate standing or written consent of instructor. This is a partial semester course. Offered as an online course only.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 515 Family Systems and Psychopathology  Credits: 3 (3-0-0)
Course Description: Assessment and diagnosis of mental illness within the context of family systems.
Prerequisite: None.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 520 Family Therapy Practice: Treatment Planning  Credits: 3 (1-2-1)
Course Description: Integration of family/couple therapy theories and practice related to treatment planning and internal family systems therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 521 Family Therapy Practice: Common Factors  Credits: 3 (1-2-1)
Course Description: Application of common factors - e.g., therapeutic alliance - in family and couple therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program. Must register for lecture, laboratory, and recitation.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 524 Family Studies  Credits: 3 (2-0-1)
Course Description: Major theories and content areas in the field of family studies with an emphasis on family diversity.
Prerequisite: None.
Registration Information: Graduate standing. Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 524 Marriage and Family Therapy  Credits: 3 (3-0-0)
Course Description: Theories and techniques.
Prerequisite: None.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 549 Research Methods I  Credits: 3 (3-0-0)
Course Description: Introduction to program evaluation methods, empirical research, data analysis, and interpretation in prevention science.
Prerequisite: None.
Registration Information: Required: 3 credits of STAT; 3 credits of upper division behavioral sciences.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 550 Research Methods II  Credits: 3 (3-0-0)
Course Description: Research strategies and ethical considerations.
Prerequisite: HDFS 549.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 590A Workshop: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: 
Prerequisite: None.
Term Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 590B Workshop: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description: 
Prerequisite: None.
Term Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 592 Grant Writing--Research/Program Development  Credits: 3 (1-0-2)
Course Description: Foundational skills underlying grantsmanship for human services professionals in research, community-based programming, and training or professional development. Interactive development of skills to seek funding, think critically, write technically, and work and plan collaboratively in order to develop strong grant proposals across varying contexts.
Prerequisite: None.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 593 Seminar—Human Services Leadership Credit: 1 (0-0-1)
Course Description: Investigates issues relevant to human development and family studies, such as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: None.

Registration Information: Junior standing. Admission in a graduate program at Colorado State University or consent of instructor. Must have concurrent registration in HDFS 475. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 600 Professional Development Seminar Credit: 1 (0-0-1)
Course Description: Essential professional development topics in the social sciences. Prepare and apply for a variety of post-graduate positions.
Prerequisite: None.

Registration Information: May be repeated multiple times.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 607 Prevention Science Across the Lifespan Credits: 3 (2-0-1)
Course Description: Theory, methods, interventions, and standards of evidence in preventing mental, emotional, and behavioral disorders.
Prerequisite: None.

Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Terms Offered: Fall, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 608 Program Planning and Implementation Credits: 3 (2-2-0)
Course Description: Design or adapt research-based prevention programs from a family-centered, developmentally appropriate perspective.
Prerequisite: None.

Registration Information: Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 609 Prevention Program Evaluation Credits: 3 (3-0-0)
Course Description: Concepts and practices of program evaluation in prevention science.
Prerequisite: None.

Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 610 Risk and Resilience Credits: 3 (3-0-0)
Course Description: Factors influencing risk for poor developmental outcomes and resilience despite risks or adversities. Risk and resilience are presented as developmental processes influenced by ecological factors residing in families, schools, and neighborhoods.
Prerequisite: None.

Registration Information: Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 611 Early Child Development Credits: 3 (3-0-0)
Course Description: Social, emotional, neurophysiological, cognitive, and contextual factors influencing children's development. Research-based applications to promote optimal development.
Prerequisite: None.

Registration Information: Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 612 Adolescent Development Credits: 3 (2-0-1)
Course Description: Review of key theoretical approaches and empirical research pertaining to the developmental period of adolescence using a multidisciplinary framework for understanding the many different and important facets of adolescent health.
Prerequisite: None.

Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 613 Adult Development and Aging Credits: 3 (2-0-1)
Course Description: Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.
Prerequisite: None.

Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 620 Family Therapy Practice: Addictions Credits: 3 (1-2-1)
Course Description: Application of marriage and family therapy theories to clinical practice with a focus on addiction and self-of-the-therapist.
Prerequisite: None.

Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 621 Family Therapy Practice: Topics in Sexuality Credits: 3 (1-2-1)
Course Description: Integration of family therapy theories and practice related to topics in sexuality, termination and referral, and one's personal theory of change.
Prerequisite: None.

Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 624 Skills and Techniques in Family Therapy Credits: 3 (3-0-0)
Course Description: Elaboration of techniques and therapy skills based on theory and research.
Prerequisite: HDFS 534.

Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 636 Aging and the Family  Credits: 3 (3-0-0)
Course Description: Theory and research relating to topics on aging during middle and late years of family life cycle.
Prerequisite: HDFS 300 to 481 - at least 1 course.
Registration Information: One course in adult development or 6 credits of upper-division behavioral science.
Term Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 644 Foundations in Family Therapy  Credits: 3 (3-0-0)
Course Description: Contemporary research and treatment strategies for parenting problems, family violence, and substance abuse.
Prerequisite: HDFS 534
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Summer (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 650 Multivariate Research Methods I  Credits: 3 (2-0-1)
Course Description: Statistical concepts and analysis.
Prerequisite: HDFS 550.
Registration Information: Must register for lecture and recitation.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 676 Professional Skills Development  Credits: 3 (3-0-0)
Course Description: Fundamental skills of marriage and family therapy; clinic procedures; case assessment, planning, and management.
Prerequisite: None.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 677 Ethical and Legal Issues  Credits: 3 (0-0-3)
Course Description: Ethical and legal issues in field of human development and family studies.
Prerequisite: None.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 684 Supervised College Teaching  Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Term Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686 Practicum: Family Studies  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686E Practicum: Developmental Assessment  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686F Practicum: Early Childhood Education  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687A Internship: Human Development  Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687B Internship: Family Studies  Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687C Internship: Marriage and Family Therapy  Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 677, may be taken concurrently.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: Yes.

HDFS 692A Family Issues: Intimacy and Human Sexuality  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 692B  Family Issues: Parenting  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692C  Family Issues: Family Policy and Programming  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692D  Family Issues: Contemporary Family Issues  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Registration Information: Six credits of upper division behavioral sciences.
Terms Offered: Fall, Spring, Summer. Offered as needed.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 693  Capstone Seminar  Credits: 3 (0-0-3)
Course Description: Essential topics in writing a thesis or capstone project, including literature searches, data analytic plans, data analyses, articulating research findings, and presenting on research.
Prerequisite: HDFS 550.
Term Offered: Fall.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 695A  Independent Study: Human Development  Credits: Var[1-18] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 695B  Independent Study: Family Studies  Credits: Var[1-18] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 695C  Independent Study: Early Childhood Education  Credits: Var[1-18] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 697  Group Study  Credits: Var[1-6] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 698A  Research: Human Development  Credits: Var[1-3] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 698B  Research: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 699  Thesis  Credits: Var[1-18] (0-0-0)
Course Description: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 710  Theories of Applied Developmental Science  Credits: 3 (3-0-0)
Course Description: None.
Terms Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 750  Multivariate Research Methods II  Credits: 3 (3-0-0)
Course Description: None.
Terms Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 772  Marriage and Family Therapy Supervision  Credits: 3 (2-0-1)
Course Description: None.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792A  Seminar: Lifespan Socioemotional Development  Credits: 3 (0-0-3)
Course Description: None.
Terms Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 792B  Seminar: Lifespan Cognitive Development  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792C  Seminar: Special Topics  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 799  Dissertation  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.