Courses

Human Development and Family Studies (HDFS)

**HDFS 101 Individual and Family Development (GT-SS3)**

**Credits:** 3 (3-0-0)

**Course Description:** Principles of life-span human development in the context of the family. Theory and research on the influence of family systems on individuals.

**Prerequisite:** None.

**Restrictions:** Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.

**Registration Information:** HDFS majors and freshman only. Written consent of instructor. Credit not allowed for both HDFS 160 and HDFS 180A1.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**Additional Information:** Social & Behavioral Sciences 3C, Human Behavior, Culture, or Social Frameworks (GT-SS3).

**HDFS 160 Mentees/First Year Success I**

**Credit:** 1 (0-2-0)

**Course Description:** Mentoring course for first-year underrepresented HDFS students to support successful transition to the university and department through one-to-one peer mentoring with upper class HDFS student, and participation in community activities.

**Prerequisite:** None.

**Restrictions:** Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 170 Mentees/First Year Success II**

**Credit:** 1 (0-2-0)

**Course Description:** Mentoring course that supports successful transition to the university through one-to-one peer mentoring with upper class HDFS student, and participation in community activities.

**Prerequisite:** HDFS 160.

**Restrictions:** Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.

**Registration Information:** HDFS majors and freshman only. Written consent of instructor. Credit not allowed for both HDFS 170 and HDFS 180A2.

**Terms Offered:** Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 201 Perspectives in Gerontology**

**Credits:** 3 (3-0-0)

**Course Description:** Multidisciplinary perspectives on a variety of issues in human aging; exploration of careers in gerontology; service-learning with older adults; emphasis on applied gerontology.

**Prerequisite:** HDFS 101 or PSY 100 or SOC 100.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 217 Creative Experiences for Children**

**Credits:** 3 (2-0-1)

**Course Description:** Theories of play and creativity provide the foundation for examining the role of art, music, and literature in early childhood development. Exploration of creative techniques appropriate for young children and how these techniques enhance the child's self-expression, creativity, and development in educational, medical, and therapeutic settings.

**Prerequisite:** HDFS 101 or PSY 100.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 277 Introductory Seminar in HDFS**

**Credit:** 1 (1-0-0)

**Course Description:** Introduction to human development and family studies field, major and concentration requirements, resources, and career exploration. An inclusive environment to develop and practice the necessary skills to transition to the major and academic expectations of the department and college.

**Prerequisite:** None.

**Restrictions:** Undergraduate.

**Registration Information:** HDFS majors or Early Childhood Education majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286 Practicum-Professional Skills**

**Credits:** 3 (1-6-0)

**Course Description:** Observational and applied experience with children, adolescents, adults, or families. Exploration of professional skills and opportunities.

**Prerequisite:** HDFS 101.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 301 Infant and Child Development in Context**

**Credits:** 3 (3-0-0)

**Course Description:** Physical, cognitive, and socioemotional development from birth through middle childhood in context of family, relationships, and culture.

**Prerequisite:** HDFS 101 or PSY 100.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.
HDFS 311 Adolescent/Early Adult Development in Context Credits: 3 (3-0-0)
Course Description: Physical, cognitive, and socioemotional development of adolescents and young adults in context of family, relationships, and culture.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 312 Adult Development-Middle Age and Aging Credits: 3 (3-0-0)
Course Description: Developmental issues and processes pertaining to middle and later adulthood. Contexts in which adult development and aging occur are emphasized.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Completion of 30 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 315 Disability across the Lifespan and Culture Credits: 3 (3-0-0)
Course Description: Use of interdisciplinary perspective to understand individuals who have disabling conditions relevant to careers in health, educational, rehabilitation, and human service professions. Causes, outcomes, and intervention of commonly occurring disabilities and health conditions (e.g., congenital disabilities, diabetes, spinal cord injuries).
Prerequisite: HDFS 101.
Registration Information: Sophomore standing. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 317 Disabilities in Early Childhood Education Credits: 3 (3-0-0)
Course Description: Recommended practices for fostering development of young children with disabilities. Knowledge of atypical development in early childhood (birth through grade 3). Practices for assessment, intervention, adapted instruction and materials, and inclusive environments to facilitate children’s attainment of educational goals.
Prerequisite: HDFS 310.
Registration Information: Sophomore standing. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 318 Infancy and Toddlerhood Credits: 3 (3-0-0)
Course Description: Physical, cognitive, language, and socio-emotional development from pre-birth through 36 months, with an emphasis on applied settings.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 332 Death, Dying, and Grief Credits: 3 (3-0-0)
Course Description: Developmental processes of death and dying related to the dying individuals and their families and for human service agencies.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 334 Family and Parenthood Across the Life Cycle Credits: 3 (3-0-0)
Course Description: Parenthood as a developmental process and in the context of family relationships throughout the life cycle.
Prerequisite: HDFS 101 or PSY 100.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 350 Applied Research Methods Credits: 3 (2-2-0)
Course Description: Interpret, apply, and write about research findings in human development.
Prerequisite: (HDFS 101 or PSY 100) and (STAT 201 or STAT 301).
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 360 Leadership Through Peer Mentoring I Credit: 1 (0-2-0)
Course Description: Mentoring HDFS students in one-to-one peer mentoring with first-year, underrepresented HDFS students to support their successful transition to the university and department.
Prerequisite: None.
Restrictions: Must not be a: Freshman, Sophomore. Must be a: Undergraduate.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. Students must complete an application and be admitted into the program to register. May be repeated up to two times for credit.
Term Offered: Fall.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 370 Leadership Through Peer Mentoring II Credit: 1 (0-2-0)
Course Description: Leadership through one-to-one peer mentoring relationships with first-year Human Development and Family Studies students to support their successful transition to the university and department. Explore intersecting identities, university resources, professional skill development, and community service through the mentoring relationship.
Prerequisite: HDFS 360.
Restrictions: Must not be a: Freshman, Sophomore. Must be a: Undergraduate.
Registration Information: HDFS majors only. Junior standing. Written consent of instructor. May be repeated up to two times for credit.
Term Offered: Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 375 Lifespan Intervention and Prevention Science Credits: 3 (3-0-0)
Course Description: Intervention and prevention approaches and skills to improve the health, mental health, and well-being of families and individuals across the lifespan.
Prerequisite: HDFS 310 and HDFS 311.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 402 Couple and Family Studies Credits: 3 (3-0-0)
Course Description: Theory and research concerning couple and family processes; social contexts in which couples and families change over time.
Prerequisite: HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 403 Families in the Legal Environment Credits: 3 (3-0-0)
Course Description: The intersection of individuals, children, families and the legal system, including the balance between the right to privacy and government intervention, and social disparities in the legal system. Topics include: establishing the legal parent relationship, adoption, the rights of children and parents, marriage, divorce, dependency and neglect, family violence, disability and estate planning, juvenile delinquency, legalities of gender, and landlord/tenant and housing policy.
Prerequisite: None.
Registration Information: Completion of 60 credits. Sections may be offered: Online. Required field trips.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 404 Child Life Theory and Practice Credits: 3 (3-0-0)
Course Description: Theories and skills related to effective child life practice in hospitals.
Prerequisite: HDFS 310 or PSY 260.
Registration Information: Sections may be offered: Online.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 410 Promoting Early Socioemotional Development Credits: 3 (3-0-0)
Course Description: Social and emotional development in children ages 3-8: atypical and typical development, developmental theories and models, risk and protective factors, evidence-based programs, and empirically validated teaching strategies for preventing challenging behaviors and fostering adaptive social skills and emotion regulation.
Prerequisite: HDFS 310 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 411 Developmental Transitions in Adolescence Credits: 3 (3-0-0)
Course Description: Examination of biological, socio-emotional, cognitive, and behavioral changes during adolescence.
Prerequisite: HDFS 311 and HDFS 334.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 412 Mental and Physical Health in Adulthood Credits: 3 (3-0-0)
Course Description: Mental and physical health of adults, contextual factors of development, and implications for prevention, intervention, and public health planning.
Prerequisite: HDFS 312 and HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 434 Risk and Resilience Across the Lifespan Credits: 3 (3-0-0)
Course Description: Why some individuals are at high risk for poor developmental outcomes, and why certain individuals fare well despite such risks or adversities. Strong developmental emphasis because resilience is viewed as a process, the results of which may not be manifest for years. There is an ecological emphasis because protective and vulnerability factors often reside in families, schools, neighborhoods.
Prerequisite: HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 439 Administration of Early Childhood Programs Credits: 3 (3-0-0)
Course Description: Center administration related to program development and operations, budgeting, state regulations and licensing, and personnel issues.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 445 Early Childhood Health, Safety, and Nutrition Credits: 3 (0-0-3)
Also Offered As: FSHN 445.
Course Description: Planning, promoting and maintaining healthy lifestyle and safe learning environment for preschool children.
Prerequisite: HDFS 310.
Registration Information: Completion of 60 credits. Offered as an online course only. Credit not allowed for both FSHN 445 and HDFS 445.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 470A Campus Connections–Mentoring At-Risk Youth: Youth Mentor Credits: 3 (0-4-2)
Course Description: Service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470B Campus Connections–Mentoring At-Risk Youth: Mentor Coach Credits: 3 (0-4-2)
Course Description: Serve as mentor coach in a service-learning course engaging students as mentors with local at-risk youth.
Prerequisite: HDFS 470 or HDFS 470A.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 470C Campus Connections–Mentoring At-Risk Youth: Program Administration Credits: 3 (0-4-2)
Course Description: Provide administrative support to a service-learning program for local at-risk youth.
Prerequisite: None.
Registration Information: Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 475 Entrepreneurs and Leaders in Human Services Credits: 3 (3-0-0)
Course Description: Skills and knowledge about leadership and entrepreneurship in areas pertinent to human development and family studies, as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: HDFS 375.
Registration Information: Completion of 60 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 477 HDFS Professional Preparation Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure an internship.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Completion of 60 credits. Human Development and Family Studies majors only. Sections may be offered: Online. Credit not allowed for both HDFS 477 and HDFS 478.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 478 HDFS Professional Development Credit: 1 (1-0-0)
Course Description: Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Understand the skills and attributes required to become a successful HDFS professional.
Prerequisite: HDFS 350, may be taken concurrently.
Registration Information: Completion of 60 credits. Written consent of instructor. Human Development and Family Studies majors only. Sections may be offered: Online. Credit not allowed for both HDFS 477 and HDFS 478.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 484 Supervised College Teaching Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Registration Information: A maximum of 10 combined credits for all 384 and 484 courses are counted towards graduation requirements.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 488A Internship: Human Development and Family Studies Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students’ performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488B Internship: Early Childhood Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students’ performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.
HDFS 488C Internship: Pre-Health Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488D Internship: Prevention/Intervention Science Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 488E Internship: Leadership/Entrepreneurship Credits: Var[5-8] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 489 Capstone--Evidence-Based Program Proposals Credits: 3 (0-0-3)
Course Description: Research, development, and oral presentations of evidence-based prevention or intervention program proposals from a contextual and developmental perspective.
Prerequisite: HDFS 350.
Registration Information: Major in Human Development and Family Studies or Early Childhood Education. Completion of 90 credits. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 492 Capstone--Evidence-Based Program Proposals Credits: 3 (0-0-3)
Course Description: Advanced study of theory, research, and application in a specialized area.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495A Independent Study: Human Development Credits: Var[1-18] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495B Independent Study: Family Studies Credits: Var[1-18] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 495C Independent Study: Early Childhood Education Credits: Var[1-18] (0-0-0)
Course Description: Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete between 200-320 hours (5-8 credits) at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.
Prerequisite: HDFS 477.
Registration Information: Completion of 90 credits. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497A Group Study: Peer Advising Credits: Var[1-3] (0-0-0)
Course Description: Serve as an active member of the Peer Advising Team by providing assistance to undergraduate students and support to the HDFS advisors to enhance the services provided by the HDFS Undergraduate Advising Office.
Prerequisite: HDFS 277.
Registration Information: Written consent of department required.
Terms Offered: Fall, Spring.
Grade Modes: S/U within Student Option, Trad within Student Option.
Special Course Fee: No.

HDFS 497B Group Study: Undergraduate Outreach and Leadership Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 497C Group Study: Student Respect/Wellness Education Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 497D Group Study: Asian/Pacific American Cultural Center Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 497E Group Study: Rites of Passage Mentoring Program Credit: 1 (0-0-1)
Course Description: Peer mentoring, assisting with a retreat for incoming first year students, attending seminars/community building forums, community service involvement, providing academic resource information, and leadership development. The goal of this course is to improve the academic performance and retention rate of African American first-year and transfer students.
Prerequisite: None.
Registration Information: Written consent of instructor.
Terms Offered: Fall, Spring.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497F Group Study: Honors Human Development Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 497G Group Study: Human Development Credits: Var[1-3] (0-0-0)
Course Description: Application of human development skills in a variety of settings.
Prerequisite: None.
Registration Information: Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.

HDFS 498A Research: Human Development Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 498B Research: Family Studies Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 499 Thesis Credits: Var[1-6] (0-0-0)
Course Description: Independent research project presented to a faculty committee.
Prerequisite: None.
Registration Information: Written consent of department chair.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 500 Issues in Human Development & Family Studies Credits: 3 (2-3-0)
Course Description: A selected, broad issue in human development and family studies emphasizing principles of research.
Prerequisite: None.
Registration Information: Must register for lecture and laboratory.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 505 Human Development for Helping Professionals Credits: 3 (3-0-0)
Course Description: An advanced overview of lifespan development, focusing on wellness promotion and developmental influences on case conceptualization and treatment.
Prerequisite: None.
Registration Information: Graduation standing or written consent of instructor. This is a partial semester course. Offered as an online course only.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 515 Family Systems and Psychopathology Credits: 3 (3-0-0)
Course Description: Assessment and diagnosis of mental illness within the context of family systems.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Admission to Marriage and Family Therapy Program.
Term Offered: Summer.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 520 Family Therapy Practice: Treatment Planning Credits: 3 (1-2-1)
Course Description: Integration of family/couple therapy theories and practice related to treatment planning and internal family systems therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 521 Family Therapy Practice: Common Factors Credits: 3 (1-2-1)
Course Description: Application of common factors - e.g., therapeutic alliance - in family and couple therapy.
Prerequisite: None.
Registration Information: Admission to the Marriage and Family Therapy Program. Must register for lecture, laboratory, and recitation.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 524 Family Studies Credits: 3 (2-0-1)
Course Description: Major theories and content areas in the field of family studies with an emphasis on family diversity.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Graduate standing. Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 534 Marriage and Family Therapy Credits: 3 (3-0-0)
Course Description: Theories and techniques.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 545 Program Evaluation Methods and Statistics Credits: 3 (3-0-0)
Course Description: Introduction to program evaluation methods, empirical research, data analysis, and interpretation in prevention science.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Graduate standing. This is a partial semester course. Offered as an online course only.
Term Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 549 Research Methods I Credits: 3 (3-0-0)
Course Description: Introduction to empirical research, data analysis, and interpretation in Human Development and Family Sciences.
Prerequisite: None.
Registration Information: Required: 3 credits of STAT; 3 credits of upper division behavioral sciences.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 550 Research Methods II Credits: 3 (3-0-0)
Course Description: Research strategies and ethical considerations.
Prerequisite: HDFS 549.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 590A Workshop: Human Development Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 590B Workshop: Family Studies Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 592 Grant Writing--Research/Program Development Credits: 3 (1-0-2)
Course Description: Foundational skills underlying grantsmanship for human services professionals in research, community-based programming, and training or professional development. Interactive development of skills to seek funding, think critically, write technically, and work and plan collaboratively in order to develop strong grant proposals across varying contexts.
Prerequisite: None.
Restriction: Must be a: Graduate.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 593 Seminar–Human Services Leadership Credit: 1 (0-0-1)
Course Description: Investigates issues relevant to human development and family studies, such as human services, non-profits, and other enterprises related to helping individuals, couples, and families.
Prerequisite: None.
Registration Information: Junior standing. Admission in a graduate program at Colorado State University or consent of instructor. Must have concurrent registration in HDFS 475. Sections may be offered: Online.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 600 Professional Development Seminar Credit: 1 (0-0-1)
Course Description: Essential professional development topics in the social sciences. Prepare and apply for a variety of post-graduate positions.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: May be repeated multiple times.
Terms Offered: Fall, Spring.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.
HDFS 611 Early Child Development Credits: 3 (3-0-0)
Course Description: Social, emotional, neurophysiological, cognitive, and contextual factors influencing children's development. Research-based applications to promote optimal development.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 612 Adolescent Development Credits: 3 (3-0-0)
Course Description: Review of key theoretical approaches and empirical research pertaining to the developmental period of adolescence using a multidisciplinary framework for understanding the many different and important facets of adolescent health.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 613 Adult Development and Aging Credits: 3 (2-0-1)
Course Description: Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 607 Prevention Science Across the Lifespan Credits: 3 (2-0-1)
Course Description: Theory, methods, interventions, and standards of evidence in preventing mental, emotional, and behavioral disorders.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Terms Offered: Fall, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 608 Program Planning and Implementation Credits: 3 (2-2-0)
Course Description: Design or adapt research-based prevention programs from a family-centered, developmentally appropriate perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and laboratory. Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 609 Prevention Program Evaluation Credits: 3 (3-0-0)
Course Description: Concepts and practices of program evaluation in prevention science.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Sections may be offered: Online.
Terms Offered: Fall, Spring.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 610 Risk and Resilience Credits: 3 (3-0-0)
Course Description: Factors influencing risk for poor developmental outcomes and resilience despite risks or adversities. Risk and resilience are presented as developmental processes influenced by ecological factors residing in families, schools, and neighborhoods.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 612 Adolescent Development Credits: 3 (3-0-0)
Course Description: Review of key theoretical approaches and empirical research pertaining to the developmental period of adolescence using a multidisciplinary framework for understanding the many different and important facets of adolescent health.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 613 Adult Development and Aging Credits: 3 (2-0-1)
Course Description: Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation. Sections may be offered: Online.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 620 Family Therapy Practice: Addictions Credits: 3 (1-2-1)
Course Description: Application of marriage and family therapy theories to clinical practice with a focus on addiction and self-of-the-therapist.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 621 Family Therapy Practice: Topics in Sexuality Credits: 3 (1-2-1)
Course Description: Integration of family therapy theories and practice related to topics in sexuality, termination and referral, and one's personal theory of change.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to the Marriage and Family Therapy Program.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: Yes.

HDFS 624 Skills and Techniques in Family Therapy Credits: 3 (3-0-0)
Course Description: Elaboration of techniques and therapy skills based on theory and research.
Prerequisite: HDFS 534.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Spring.
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 636  Aging and the Family  Credits: 3 (3-0-0)
Course Description: Theory and research relating to topics on aging during middle and late years of family life cycle.
Prerequisite: HDFS 300 to 481 - at least 1 course.
Restriction: Must be a: Graduate, Professional.
Registration Information: One course in adult development or 6 credits of upper-division behavioral science.
Term Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 644  Foundations in Family Therapy  Credits: 3 (3-0-0)
Course Description: Contemporary research and treatment strategies for parenting problems, family violence, and substance abuse.
Prerequisite: HDFS 534.
Restriction: Must be a: Graduate, Professional.
Registration Information: Admission to Marriage and Family Therapy Program or permission of instructor.
Term Offered: Summer (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 650  Multivariate Research Methods I  Credits: 3 (2-0-1)
Course Description: Statistical concepts and analysis.
Prerequisite: HDFS 550.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Must register for lecture and recitation.
Term Offered: Fall.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 660  Practicum: Developmental Assessment Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686A  Practicum: Human Development  Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686B  Practicum: Family Studies Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686D  Practicum: Developmental Assessment Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 686E  Practicum: Early Childhood Education Credits: Var[1-15] (0-0-0)
Course Description: Application of human development skills in a variety of professional settings.
Prerequisite: HDFS - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687A  Internship: Human Development Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687B  Internship: Family Studies Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 500 to 799 - at least 9 credits.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 687C  Internship: Marriage and Family Therapy Credits: Var[1-18] (0-0-0)
Course Description: Application of advanced human development skills in professional settings.
Prerequisite: HDFS 677, may be taken concurrently.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: Yes.
HDFS 692A Family Issues: Intimacy and Human Sexuality  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692B Family Issues: Parenting  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Fall (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692C Family Issues: Family Policy and Programming  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Term Offered: Summer (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692D Family Issues: Contemporary Family Issues  Credits: 3 (0-0-3)
Course Description: Current issues in the family with implications for intervention, therapy, and policy.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Six credits of upper division behavioral sciences.
Terms Offered: Fall, Spring, Summer. Offered as needed.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 692E Independent Study: Human Development  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692F Independent Study: Family Studies  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692G Independent Study: Early Childhood Education  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Graduate cooperative program, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692H Research: Human Development  Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692I Research: Family Studies  Credits: Var[1-3] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692J Thesis  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: HDFS 550.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: Instructor Option.
Special Course Fee: No.

HDFS 692K Theories of Applied Developmental Science  Credits: 3 (3-0-0)
Course Description: Theories of applied developmental science, and implications for intervention and policy.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Fall (even years).
Grade Mode: Traditional.
Special Course Fee: No.
HDFS 750  Multivariate Research Methods II  Credits: 3 (3-0-0)
Course Description: Applications of multivariate methods to research in applied developmental science.
Prerequisite: HDFS 650.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 772  Marriage and Family Therapy Supervision  Credits: 3 (2-0-1)
Course Description: Prepares professionals to supervise marriage and family therapists in a variety of settings.
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Registration Information: Written consent of instructor.
Terms Offered: Spring, Summer.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792A  Seminar: Lifespan Socioemotional Development  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (odd years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792B  Seminar: Lifespan Cognitive Development  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Term Offered: Spring (even years).
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 792C  Seminar: Special Topics  Credits: 3 (0-0-3)
Course Description: Current issues in applied developmental science involving a synthesis of theory, research, and application.
Prerequisite: HDFS 500.
Restriction: Must be a: Graduate, Professional.
Grade Mode: Traditional.
Special Course Fee: No.

HDFS 799  Dissertation  Credits: Var[1-18] (0-0-0)
Course Description:
Prerequisite: None.
Restriction: Must be a: Graduate, Professional.
Terms Offered: Fall, Spring, Summer.
Grade Mode: S/U Sat/Unsat Only.
Special Course Fee: No.