

# MASTER OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY STUDIES, MARRIAGE AND FAMILY THERAPY SPECIALIZATION, PLAN A AND PLAN B



The Marriage and Family Therapy Specialization, which is accredited by the Commission on the Accreditation of Marriage and Family Therapy Education (<http://coamfte.org>), provides a specific professional curriculum that prepares graduates to work as marriage and family therapists. Courses focus on individual and family development, evidence-based clinical practices, social justice frameworks, and research methods. Students also complete a thesis (Plan A) or capstone project (Plan B). Training includes practicum and internship experiences with live supervision in the CSU Center for Family and Couple Therapy (<https://www.chhs.colostate.edu/cfct/>), CSU Campus Connections: Therapeutic Youth Mentoring (<https://www.chhs.colostate.edu/cc/>), and the CSU Trauma and Resilience Assessment Center (<https://www.chhs.colostate.edu/ctrac/>), all located on CSU's campus under the direction of faculty in the MFT program. Most graduates of this program go on to work as therapists in private practice or in mental health agencies. Some students enter doctoral programs upon graduation, including CSU's Ph.D. in Applied Developmental Science (<http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/applied-developmental-science-phd/>).

Learn more about the Master's in Human Development and Family Studies, Marriage and Family Therapy Specialization, Plan A and Plan B, on the Department of Human Development and Family Studies website (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/m-s-in-human-development-and-family-studies/marriage-and-family-therapy-specialization/>).

[Students interested in graduate work should refer to the Graduate and Professional Bulletin.](#)

## Plan A Effective Fall 2023

Code	Title	Credits
<b>Required Courses</b>		
HDFS 500	Issues in Human Development & Family Studies	3
HDFS 515	Family Systems and Psychopathology	3
HDFS 520	Family Therapy Practice: Treatment Planning	3
HDFS 521	Family Therapy Practice: Common Factors	3
HDFS 524	Family Studies	3
HDFS 534	Marriage and Family Therapy	3
HDFS 549	Research Methods I	3
HDFS 550	Research Methods II	3
HDFS 620	Family Therapy Practice: Addictions	3
HDFS 621	Family Therapy Practice: Topics in Sexuality	3
HDFS 624	Skills and Techniques in Family Therapy	3
HDFS 644	Foundations in Family Therapy	3
HDFS 676	Professional Skills Development	3
HDFS 677	Ethical and Legal Issues	3
HDFS 687C	Internship: Marriage and Family Therapy	5
<b>Selected Courses</b>		
Select one from the following:		3
HDFS 610	Risk and Resilience	
HDFS 611	Early Child Development	
HDFS 612	Adolescent Development	
HDFS 613	Adult Development and Aging	
HDFS 692A	Family Issues: Intimacy and Human Sexuality	
HDFS 692B	Family Issues: Parenting	
HDFS 792A	Seminar: Lifespan Socioemotional Development	
HDFS 792B	Seminar: Lifespan Cognitive Development	
<b>Thesis</b>		
HDFS 693	Capstone Seminar	3
HDFS 699	Thesis	3
<b>Program Total Credits:</b>		<b>56</b>

A minimum of 56 credits are required to complete this program.

## Plan B Effective Fall 2023

Code	Title	Credits
<b>Required Courses</b>		
HDFS 500	Issues in Human Development & Family Studies	3
HDFS 515	Family Systems and Psychopathology	3
HDFS 520	Family Therapy Practice: Treatment Planning	3

HDFS 521	Family Therapy Practice: Common Factors	3
HDFS 524	Family Studies	3
HDFS 534	Marriage and Family Therapy	3
HDFS 549	Research Methods I	3
HDFS 550	Research Methods II	3
HDFS 620	Family Therapy Practice: Addictions	3
HDFS 621	Family Therapy Practice: Topics in Sexuality	3
HDFS 624	Skills and Techniques in Family Therapy	3
HDFS 644	Foundations in Family Therapy	3
HDFS 676	Professional Skills Development	3
HDFS 677	Ethical and Legal Issues	3
HDFS 687C	Internship: Marriage and Family Therapy	5

**Selected Courses**

Select one from the following:		3
HDFS 610	Risk and Resilience	
HDFS 611	Early Child Development	
HDFS 612	Adolescent Development	
HDFS 613	Adult Development and Aging	
HDFS 692A	Family Issues: Intimacy and Human Sexuality	
HDFS 692B	Family Issues: Parenting	
HDFS 792A	Seminar: Lifespan Socioemotional Development	
HDFS 792B	Seminar: Lifespan Cognitive Development	

**Capstone Seminar**

HDFS 693	Capstone Seminar	3
----------	------------------	---

**Program Total Credits: 53**

A minimum of 53 credits are required to complete this program.

## Requirements for All Graduate Degrees

For more information, please visit Requirements for All Graduate Degrees (<http://catalog.colostate.edu/general-catalog/graduate-bulletin/graduate-study/procedures-requirements-all-degrees/>) in the Graduate and Professional Bulletin (<http://catalog.colostate.edu/general-catalog/graduate-bulletin/>).

## Summary of Procedures for the Master's and Doctoral Degrees

NOTE: Each semester the Graduate School publishes a schedule of deadlines. Deadlines are available on the Graduate School website (<https://graduateschool.colostate.edu/deadline-dates/>). Students should consult this schedule whenever they approach important steps in their careers.

Forms (<https://graduateschool.colostate.edu/forms/>) are available online.

Step	Due Date
1. Application for admission (online)	Six months before first registration
2. Diagnostic examination when required	Before first registration
3. Appointment of advisor	Before first registration

4. Selection of graduate committee	Before the time of fourth regular semester registration
5. Filing of program of study (GS Form 6)	Before the time of fourth regular semester registration
6. Preliminary examination (Ph.D. and PD)	Two terms prior to final examination
7. Report of preliminary examination (GS Form 16) - (Ph.D. and PD)	Within two working days after results are known
8. Changes in committee (GS Form 9A)	When change is made
9. Application for Graduation (GS Form 25)	Refer to published deadlines from the Graduate School Website
9a. Reapplication for Graduation (online)	Failure to graduate requires Reapplication for Graduation (online) for the next time term for which you are applying
10. Submit thesis or dissertation to committee	At least two weeks prior to the examination or at the discretion of the graduate committee
11. Final examination	Refer to published deadlines from the Graduate School Website
12. Report of final examination (GS Form 24)	Within two working days after results are known; refer to published deadlines from the Graduate School website
13. Submit a signed Thesis/ Dissertation Submission Form (GS Form 30) to the Graduate School and Submit the Survey of Earned Doctorates (Ph.D. only) prior to submitting the electronic thesis/ dissertation	Refer to published deadlines from the Graduate School website.
14. Submit the thesis/dissertation electronically	Refer to published deadlines from the Graduate School website
15. Graduation	Ceremony information is available from the Graduate School website