

MASTER OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY STUDIES, MARRIAGE AND FAMILY THERAPY SPECIALIZATION, PLAN A AND PLAN B



The Marriage and Family Therapy Specialization, which is accredited by the Commission on the Accreditation of Marriage and Family Therapy Education (<http://coamfte.org>), provides a specific professional curriculum that prepares graduates to work as marriage and family therapists. Courses focus on individual and family development, evidence-based clinical practices, social justice frameworks, and research methods. Students also complete a thesis (Plan A) or capstone project (Plan B). Training includes practicum and internship experiences with live supervision in the CSU Center for Family and Couple Therapy (<https://www.chhs.colostate.edu/cfct/>), CSU Campus Connections: Therapeutic Youth Mentoring (<https://www.chhs.colostate.edu/cc/>), and the CSU Child Trauma and Resilience Assessment Center (<https://www.chhs.colostate.edu/ctrac/>), all located on CSU's campus under the direction of faculty in the MFT program. Most graduates of this program go on to work as therapists in private practice or in mental health agencies. Some students enter doctoral programs upon graduation, including CSU's Ph.D. in Applied Developmental Science (<http://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/applied-developmental-science-phd/>).

Learn more about the Master's in Human Development and Family Studies, Marriage and Family Therapy Specialization, Plan A and Plan B, on the Department of Human Development and Family Studies website (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/m-s-in-human-development-and-family-studies/marriage-and-family-therapy-specialization/>).

Plan A Effective Fall 2023

Code	Title	Credits
Required Courses		
HDFS 500	Issues in Human Development & Family Studies	3
HDFS 515	Family Systems and Psychopathology	3
HDFS 520	Family Therapy Practice: Treatment Planning	3
HDFS 521	Family Therapy Practice: Common Factors	3
HDFS 524	Family Studies	3
HDFS 534	Marriage and Family Therapy	3
HDFS 549	Research Methods I	3
HDFS 550	Research Methods II	3
HDFS 620	Family Therapy Practice: Addictions	3
HDFS 621	Family Therapy Practice: Topics in Sexuality	3
HDFS 624	Skills and Techniques in Family Therapy	3
HDFS 644	Foundations in Family Therapy	3
HDFS 676	Professional Skills Development	3
HDFS 677	Ethical and Legal Issues	3
HDFS 687C	Internship: Marriage and Family Therapy	5
Selected Courses		
Select one from the following:		3
HDFS 610	Risk and Resilience	
HDFS 611	Early Child Development	
HDFS 612	Adolescent Development	
HDFS 613	Adult Development and Aging	
HDFS 692A	Family Issues: Intimacy and Human Sexuality	
HDFS 692B	Family Issues: Parenting	
HDFS 792A	Seminar: Lifespan Socioemotional Development	
HDFS 792B	Seminar: Lifespan Cognitive Development	
Thesis		
HDFS 693	Capstone Seminar	3
HDFS 699	Thesis	3
Program Total Credits:		56

A minimum of 56 credits are required to complete this program.

Plan B Effective Fall 2023

Code	Title	Credits
Required Courses		
HDFS 500	Issues in Human Development & Family Studies	3
HDFS 515	Family Systems and Psychopathology	3
HDFS 520	Family Therapy Practice: Treatment Planning	3
HDFS 521	Family Therapy Practice: Common Factors	3
HDFS 524	Family Studies	3

HDFS 534	Marriage and Family Therapy	3
HDFS 549	Research Methods I	3
HDFS 550	Research Methods II	3
HDFS 620	Family Therapy Practice: Addictions	3
HDFS 621	Family Therapy Practice: Topics in Sexuality	3
HDFS 624	Skills and Techniques in Family Therapy	3
HDFS 644	Foundations in Family Therapy	3
HDFS 676	Professional Skills Development	3
HDFS 677	Ethical and Legal Issues	3
HDFS 687C	Internship: Marriage and Family Therapy	5

Selected Courses

Select one from the following:		3
HDFS 610	Risk and Resilience	
HDFS 611	Early Child Development	
HDFS 612	Adolescent Development	
HDFS 613	Adult Development and Aging	
HDFS 692A	Family Issues: Intimacy and Human Sexuality	
HDFS 692B	Family Issues: Parenting	
HDFS 792A	Seminar: Lifespan Socioemotional Development	
HDFS 792B	Seminar: Lifespan Cognitive Development	

Capstone Seminar

HDFS 693	Capstone Seminar	3
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Program Total Credits: **53**

A minimum of 53 credits are required to complete this program.