

# GERONTOLOGY INTERDISCIPLINARY MINOR

Office in Behavioral Sciences Building, Room A116  
(970) 491-5558

Department of Human Development and Family Studies

The Gerontology Interdisciplinary Minor is a cooperative effort among faculty from different departments and colleges of CSU who share a common interest in gerontology, the study of human aging. The primary purpose of the interdisciplinary minor is to provide students with background academic knowledge and practicum/ internship experience to work effectively with and for older adults in a variety of settings, and to enter professions in which there is a need to combine insight and skills derived from their major with knowledge about older individuals and the aging process.

For further information about the program, please consult with your academic advisor about the Gerontology Interdisciplinary Minor or contact Dr. Christine Fruhauf, Gerontology Interdisciplinary Minor Coordinator, at [christine.fruhauf@colostate.edu](mailto:christine.fruhauf@colostate.edu) or 970-491-1118.

## Effective Fall 2021

**Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- to 400-level) credits.**

**Additional coursework may be required due to prerequisites.**

**A grade of C (2.000) or better is required in each course that is a core requirement for the interdisciplinary minor.**

Code	Title	Credits
<b>Core Requirements</b>		<b>16-18</b>
FSHN 444 or FSHN 459	Nutrition and Aging Nutrition in the Life Cycle	1-3
HDFS 201	Perspectives in Gerontology	3
HDFS 312	Adult Development-Middle Age and Aging	3
HES 434	Physical Activity Throughout the Lifespan	3
SOWK 371E	Social Work with Selected Populations: Social Gerontology	3
Select a minimum of 3 credits internship/field placement directly related to aging from the following:		3
AHS 487B	Human Services Internship: Gerontology	
HDFS 488A	Internship: Human Development and Family Studies	
HDFS 488C	Internship: Pre-Health	
HDFS 488D	Internship: Prevention/Intervention Science	
HDFS 488E	Internship: Leadership/Entrepreneurship	
SOWK 488	Field Placement	
<b>Elective Courses</b>		<b>3-5</b>
BMS 300	Principles of Human Physiology	
BZ 433	Behavioral Genetics	
FSHN 450	Medical Nutrition Therapy	
FSHN 451	Community Nutrition	
HDFS 332	Death, Dying, and Grief	

HDFS 402	Couple and Family Studies
HDFS 403	Families in the Legal Environment
HDFS 412	Mental and Physical Health in Adulthood
HES 345	Population Health and Disease Prevention
LIFE 201A or LIFE 201B	Introductory Genetics: Applied/Population/ Conservation/Ecological (GT-SC2) Introductory Genetics: Molecular/Immunological/ Developmental (GT-SC2)
MU 241	Introduction to Music Therapy
OT 355	The Disability Experience in Society
PHIL 305C	Philosophical Issues in the Professions: Caring Professions
PHIL 366	Philosophy of Aging
PSY 296	Group Study
PSY 320	Abnormal Psychology
PSY 452	Cognitive Psychology
PSY 496A or PSY 496B or PSY 496C or PSY 496D or PSY 496E or PSY 496F	Group Study: Applied Social Psychology Group Study: Cognitive Psychology Group Study: Counseling/Clinical Psychology Group Study: Industrial/Organizational Psychology Group Study: Perceptual and Brain Sciences Group Study: Special Topics in Psychology
SOC 330	Social Inequality
SOWK 370	Addictions - A Social Work Perspective
SOWK 371C	Social Work with Selected Populations: Adult Offenders
SOWK 410	Social Welfare - Policy, Issues, and Advocacy

**Program Total Credits 21-23**