

GERONTOLOGY INTERDISCIPLINARY MINOR

Office in Behavioral Sciences Building, Room A116
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Department of Human Development and Family Studies

The Gerontology Interdisciplinary Minor is a cooperative effort among faculty from different departments and colleges of CSU who share a common interest in gerontology, the study of human aging. The primary purpose of the interdisciplinary minor is to provide students with background academic knowledge and practicum/ internship experience to work effectively with and for older adults in a variety of settings, and to enter professions in which there is a need to combine insight and skills derived from their major with knowledge about older individuals and the aging process.

Please visit the Department of Human Development and Family Studies website (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/gerontology-interdisciplinary-minor/>) to learn more about and/or declare the minor, or contact Dr. Christine Fruhauf, Gerontology Interdisciplinary Minor Coordinator, at christine.fruhauf@colostate.edu or 970-491-1118.

Effective Fall 2022

Students must satisfactorily complete the total credits required for the minor. Minors and interdisciplinary minors require 12 or more upper-division (300- to 400-level) credits.

Additional coursework may be required due to prerequisites.

A grade of C (2.000) or better is required in each course that is a core requirement for the interdisciplinary minor.

Code	Title	Credits
Core Requirements		16-18
FSHN 444 or FSHN 459	Nutrition and Aging Nutrition in the Life Cycle	1-3
HDFS 201	Perspectives in Gerontology	3
HDFS 312	Adult Development-Middle Age and Aging	3
HES 434	Physical Activity Throughout the Lifespan	3
SOWK 371E	Fields of Practice: Social Gerontology	3
Select a minimum of 3 credits internship/field placement directly related to aging from the following:		3
AHS 487B	Human Services Internship: Gerontology	
HDFS 488A	Internship: Human Development and Family Studies	
HDFS 488C	Internship: Pre-Health	
HDFS 488D	Internship: Prevention/Intervention Science	
HDFS 488E	Internship: Leadership	
SOWK 488	Field Placement	
Elective Courses		3-5
BMS 300	Principles of Human Physiology	
BZ 433	Behavioral Genetics	
FSHN 450	Medical Nutrition Therapy	
FSHN 451	Community Nutrition	

HDFS 315	Disability across the Lifespan and Culture	
HDFS 332	Death, Dying, and Grief	
HDFS 402	Couple and Family Studies	
HDFS 403	Families in the Legal Environment	
HDFS 412	Mental and Physical Health in Adulthood	
HES 345	Population Health and Disease Prevention	
HES 354	Theory of Health Behavior	
HES 386	Practicum—Adult Fitness	
LIFE 201A	Introductory Genetics: Applied/Population/ Conservation/Ecological (GT-SC2)	
or LIFE 201B	Introductory Genetics: Molecular/Immunological/ Developmental (GT-SC2)	
MU 241	Introduction to Music Therapy	
OT 355	The Disability Experience in Society	
PHIL 305C	Philosophical Issues in the Professions: Caring Professions	
PHIL 366	Philosophy of Aging	
PSY 296	Group Study	
PSY 320	Psychopathology	
PSY 452	Cognitive Psychology	
PSY 496A	Group Study: Applied Social Psychology	
or PSY 496B	Group Study: Cognitive Psychology	
or PSY 496C	Group Study: Counseling/Clinical Psychology	
or PSY 496D	Group Study: Industrial/Organizational Psychology	
or PSY 496E	Group Study: Perceptual and Brain Sciences	
or PSY 496F	Group Study: Special Topics in Psychology	
SOC 330	Social Inequality	
SOC 344	Health, Medicine, and Society	
SOWK 370	Addictions - A Social Work Perspective	
SOWK 371C	Fields of Practice: Criminal Justice	
SOWK 410	Social Welfare - Policy, Issues, and Advocacy	
Program Total Credits		21-23